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Seeing a way through

Can the Sens find a way to put the Penguins on ice?

SEE STORY ON PAGE 27

Senators Captain Daniel Alfredsson speaks to reporters Thursday a day after a punishing game 4 loss to the Pittsburgh Penguins.

FRED CHARTRAND/THE CANADIAN PRESS

Accused says time he shot wife was totally by accident

Mark Hutt's pellet-gun story similar to one he gave police about scalding his wife with boiling water PAGE 3

Don't let the door hit you on the way out

Toronto Mayor Rob Ford fires his chief of staff as he keeps mum on crack allegations PAGE 13

These tacos are loco

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Former Canadian soldier

Man accused of murdering Fouad Nayel seeks bail

A former Canadian soldier accused of first-degree murder in the 2012 death of Barrhaven resident Fouad Nayel appeared in court Thursday for a bail hearing.

Adam Picard, 29, of Orleans was charged last December following nearly a five-month search for Nayel, 28, who was reported missing June 17. His remains were found by a passerby in a wooded near Norton Road in Calabogie.

A decision on Picard's release is expected Friday.

Several of Nayel's family members and friends attended the first day of the hearing donning large pins with a photograph of Fouad in the centre. JOE LOFARO/METRO

Three separate searches

Gatineau cops bust seven in drug investigation

Gatineau police arrested seven people and seized drugs following the execution of three search warrants.

On May 22, the force conducted three separate searches at homes in Gatineau after an investigation of about two months following complaints by citizens about drug trafficking.

During the searches several items were found, including: 375 grams of marijuana, 50.9 grams of a white powder resembling cocaine and 50 ml of GHB.

METRO

Mark Hutt is seen in this screengrab speaking to Sgt. Mike Hudson just a few hours after his wife's dead body was found inside their home on Dec. 6, 2009.
COURTESY OF OTTAWA POLICE SERVICE

Hutt once shot wife with a pellet gun

First-degree-murder trial. Accused told story of accidental shooting, which bears striking similarity to his tale of how Jones got scalded

JOE LOFARO
joe.lofaro@metronews.ca

A man on trial for first-degree murder in the death of his wife, Donna Jones, once shot her with a pellet gun just after they got married, an Ottawa jury heard Thursday.

Mark Hutt, 36, told Sgt. Mike Hudson in a videotaped police interview on Dec. 6, 2009 — just hours after the grieving husband called 911 — that Jones was shot in one of her kneecaps at a cottage.

"It was my fault. Totally stupidity. I didn't know she was there," said Hutt. "I believe that one is still in her kneecap."

The story bore a striking similarity to the story he gave Hudson in that same interview about how he accidentally scalded his wife with boiling water, which covered her body with third- and fourth-degree burns.

The serious burns on her back, shoulder, arms, legs, abdomen, and fingers led to septic shock, according to a burn expert who testified on Wednesday.

The two had been having marital problems, and Donna had threatened to leave him and cheat on him because things weren't working, he said in the video.

That's when he swung the pot with his right hand in anger, he said, which "drenched her from head to toe." She had been crouching down to look for Tupperware for the spaghetti he was about to cook for her, he said.

"I didn't even know she was there," Hutt said, looking thinner and with longer hair in the video than he now looks in court. "I never meant to hurt my wife."

Later in the interview he explained to Hudson he pleaded with Jones for more than a week to let him take her to the hospital, but she refused.

"I begged. I got on my knees and said, 'Whatever I have to do to get you to the hospital, please,'" he said. "She was afraid that her parents were gonna blame me for everything and that was fine. I was willing to take the rap for it," he said.

He said he spent the next days changing her bandages, buying Polysporin for her, and helping her to the bathroom as her condition worsened.

Hutt initially told police when they questioned him at his home his wife burned herself after falling into a fire pit during a business trip in Cornwall.

The trial continues on Monday.

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Triathlete Sindy Hooper stands outside her home in Kanata as she prepares to run the 5K and half-marathon at Ottawa Race Weekend May 25 and 26. GRAHAM LANKTREE/METRO

Cancer won't stop runner from tackling 5K, half-marathon

Shoe on the other foot. Woman, who was inspired by a friend to lace up, now in a position of role model following diagnosis

GRAHAM LANKTREE
graham.lanktree@metronews.ca

She may be diagnosed with an often-fatal form of cancer, but that won't stop Sindy Hooper from tearing up the five-kilometre track at Ottawa Race Weekend Saturday and washing it down with a half-marathon Sunday.

"Despite what she's going through, she finds it in herself to motivate other people," said Hooper's longtime friend Alexandra Da Costa, who will race alongside the pancreatic-cancer patient and 66 others to raise money for research into the disease.

If you see a number of racers with purple laces, wristbands and "kicking cancer" T-shirts among the crowd this weekend, that's who you're up against.

"She makes the impossible seem possible," said Da Costa, who got Hooper into running marathons more than four years ago when the two ran Race Weekend to qualify for the Boston Marathon.

"She's facing this huge obstacle in her life, but despite all that she has such a positive attitude."

Hooper was diagnosed with pancreatic cancer Dec. 9, 2012. She underwent a complex surgery in January to remove the tumour and just finished radiation therapy. She will begin an IV chemotherapy treatment in early June.

"I was hoping it would get a lot easier the further and further away I got from the surgery," said Hooper of her training Thursday.

"The chemo and radiation are just killing my red blood cells and hemoglobin. When I train it feels like I'm training at altitude. Everything seems to be at about 60 per cent of the pace that I was doing before."

Despite that, in the past two months Hooper has raised $12,692 and inspired a friend to commit to losing 100 pounds by next April and donate $1 for every pound to pancreatic-cancer research.

This friend, in turn, has inspired 38 others to pledge the same.

Hooper hopes to recruit Ottawa-area ultra marathoner Ray Zahab, whose run across the Sahara was captured by National Geographic in the film Running the Sahara, to speak at a pancreatic cancer fundraising event.

Someone with less mental fortitude might call it quits, "but I can be sitting at home feeling lousy, nauseous, tired and just want to go to bed and think, 'Why don't I just get on my bike?' I get out there and just feel so much better," she said.

"Hopefully I'll be lucky and be one of the six per cent who live more than five years after being diagnosed," she said, noting that her two sons will run alongside her Saturday.

"Having that kind of support makes me feel very loved and that people are thinking about me," she said. "Still, I'm 30 years older and if they can't keep up they should have worked a little harder. I will have no problem leaving them in my dust."

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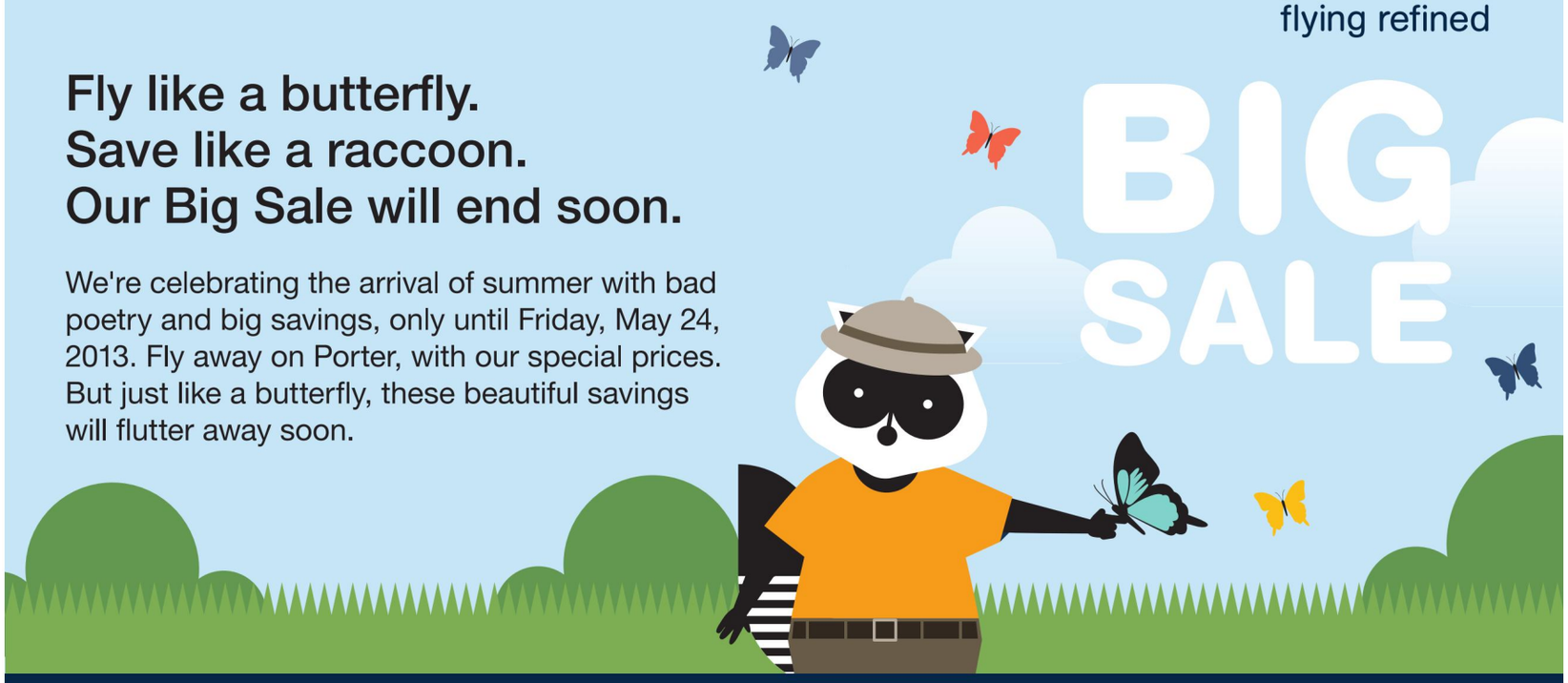

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Theo Fleury 'did some healing' talking with sex-abuse survivors

Theo Fleury participates in a smudging ceremony with Elaine Kicknosway on Parliament Hill. Fleury says getting in touch with his First Nation's heritage and spirituality has helped him deal with the trauma of sex abuse he was subjected to as a teen. SEAN MCKIBBON/METRO

Victor's Walk. The former NHLer was a sex-abuse victim of coach Graham James

SEAN MCKIBBON
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Theo Fleury says on the long Victor's Walk from Toronto to Parliament Hill he "did some healing," talking with other survivors of sexual abuse.

The former NHLer who was one of the victims of now-notorious one-time junior coach Graham James spoke to reporters and supporters at the conclusion of his 450-kilometre trek to raise awareness of child-sex abuse and money for programs to help victims.

"The abuse left me with a lot of guilt, a lot of shame, a lot of anger, a lot of resentment," said Fleury, who attributes his progress to those conversations, to finding love and to receiving spiritual guidance from First Nations elders. "Today, you know, I've gotten back to that little 14-year-old boy, and I'm happy. I have dreams, you know. I have dreams. I have goals. I have aspirations."

Among those goals are changes to the way Canada deals with sexual predators and how it cares for its victims.

"Go to any city in Canada and there are three places a pedophile can go to get help," he said. The victims he said meanwhile have to seek help from small programs run by communities that Fleury asserted have had little to no support from governments.

"If we don't deal with the full cycle of child sex abuse, it's never going to stop," he said.

Asked about an announcement Thursday by Federal Justice Minister Rob Nicholson of funding to help young victims and their families at the opening of the Sheldon Kennedy Child Advocacy Centre in Calgary, Fleury bristled.

"You need 5,000 Sheldon Kennedy centres," he said. Fleury called child sexual abuse an "epidemic," in Canada and said there are eight million survivors. He said the first step would be for politicians to acknowledge the prevalence of the problem and recognize those people are voters.

"You're playing politics with the wrong group of people," Fleury said. "Because once we find our voices, they're going to get louder, and louder and louder. And there's eight million of us. So guess what, 2015 you think you're going to get re-elected again? Good luck. Good luck, because we'll have four Victor Walks under our belt by then. Guess what, we're going to turn them all into voters."

Centre helps sexual-abuse victims at brisk pace

An agency offering support to young sex abuse victims and named after a former NHL player who himself was molested as a teenager was busy even before it officially opened its doors Thursday in Calgary.

The Sheldon Kennedy Child Advocacy Centre, named for the hockey player who brought to light sex crimes by one-time junior coach Graham James, began seeing children a couple of months ago and 200 kids have already visited the facility, Kennedy said.

The centre brings together police, social workers, doctors, nurses, psychologists and prosecutors in an effort to avoid making child victims constantly relive abuse.

"I think it's already successful when we don't traumatize a kid four to seven times in an interview process," Kennedy said. "They do one interview and they're done, so right there that's a win. What we need to start doing is turning these kids' lives around and giving them an opportunity early.

Kennedy was one of the first to come forward to say he had been sexually abused by his junior coach and mentor James. Kennedy's revelations led to an eventual conviction in the 1990s against James, who last year was jailed again for abusing other players, including retired NHL star Theo Fleury.

Kennedy said he usually spends about four days a week at the centre but leaves the actual counselling to the professionals.

"If I see children at the centre, as I have the past two months, I love to sit down and chat with them and their parents and just talk to them. That's what I can bring to the table."

Federal Justice Minister Rob Nicholson announced that Ottawa will provide $350,000 to help young victims and their families.

"Child abuse in all its forms is an appalling crime that has a lifelong impact on its victims," he said.

THE CANADIAN PRESS

Former NHLer and sexual-abuse survivor Sheldon Kennedy opens the Sheldon Kennedy Child Advocacy Centre for children, youth and families affected by child abuse in Calgary on Thursday. JEFF MCINTOSH/THE CANADIAN PRESS

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Sesquicentennial. New logo to mark 150th birthday

Ottawa and Gatineau rolled out the logo that will be used to celebrate Canada's 150th birthday in the capital in 2017.

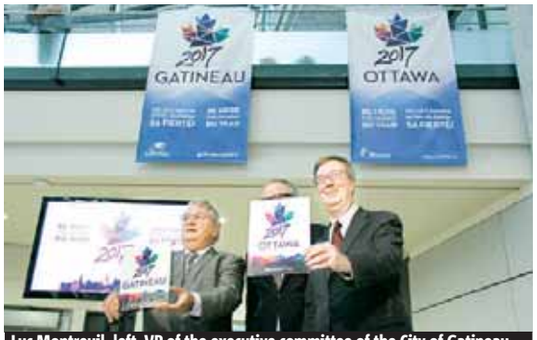
"We want to make it a community and grassroots effort and have the tourism and business community and labour groups all working together to create a series of great events," Mayor Jim Watson said of his hope for the celebration.

Watson said he wants to expand Canada Day from just one day that year to possibly a weeklong festival. "Our goal is to fill as many hotel rooms, bed-and-breakfasts and taxis as we can," he said.

The logo consists of 13 triangles of colour that represent Canada's provinces and territories. It was created by graphic designers from Ottawa and Gatineau.

Luc Montreuil, vice-president of the executive committee of the City of Gatineau, said his city will pour $125 million into the celebration to make it a success.

GRAHAM LANKTREE/METRO



Luc Montreuil, left, VP of the executive committee of the City of Gatineau, and Mayor Jim Watson show off the new logo. GRAHAM LANKTREE/METRO

Race-based data collection at traffic stops to start next month: Police

Two-year project. Academics to analyze info to ensure unbiased policing

GRAHAM LANKTREE
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Prof. Les Jacobs, left, and Ottawa police Insp. Pat Flanagan say their two-year study of the race of drivers pulled over on traffic stops will help ensure fairness in law enforcement. GRAHAM LANKTREE/METRO

After a pilot run with 40 police officers on Ottawa streets put the project two months behind schedule, city cops are ready to begin collecting data on the race of drivers they pull over starting June 27.

"It's about quality assurance. Getting the methodology right to begin with means you're going to get good data collection," said Les Jacobs, a professor of law and society and political science at York University in Toronto, who designed the methodology of the two-year project.

In the past, only five to 10 per cent of traffic stops saw officers record the race of the driver. This effort will see 100 per cent of that data collected, police promise. The project is the first large-scale effort of its kind in Canada, after Ottawa police committed to providing bias-free policing. That promise was part of a settlement after an 18-year-old slapped police with a human-rights complaint in 2005 for pulling him over because he's black.

Police have modified their in-car systems to allow them to check off whether drivers are aboriginal, Caucasian, black, Asian, Middle Eastern or Mediterranean and whether they noticed the race of the driver before they stopped them or afterward. They will not ask drivers their race, but will base their selection on their own perception of the driver's race.

Officers will also log as much of what happened during the stop as they can to allay community fears.

"They want to make sure there's as much context as possible," said Ottawa police Insp. Pat Flanagan, the project's lead.

"Racial and ethnic profiling quickly erodes public confidence and trust," Flanagan said. "We need to ensure we never ignore the existence of bias. We hire people with beliefs, emotions and experiences, not robots."

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Béatrice Martin, a.k.a Coeur de pirate, sings at a piano during an event at Fat Tuesday's in the ByWard Market to launch the program of the 40th annual Franco Ontarian Festival. SEAN MCKIBBON/METRO

It's a party! In the kitchen! In French!

Franco Ontarian Festival. Event aims to span generations

SEAN MCKIBBON
sean.mckibbon@metronews.ca

The 40th anniversary of the Franco Ontarian Festival will be all about family and bridging the gap between generations.

"What we're trying to do is build up the festival and have kids come back to the festival and feel they belong to the French community and be proud of it," said festival chair Sébastien Lorquet.

Quick to add that the festival is not political, Lorquet said the June 13-15 event at Major's Hill Park is all about taking pride in one's culture or immersing yourself in someone else's. "We invite anyone interested in living the French life to attend," said Lorquet.

Online

For a full lineup and schedule visit ffo.ca

The festival really is aiming to draw in everyone, and what better way than to base the theme of the festival around that classic family gathering that transcends cultures — the kitchen party.

"The artistic vision of the festival is really about paying tribute to the 400 years of the kitchen party," said Laurent Vandeputte, the festival's programming director.

He said the parties — which typically involve music and dancing in the heart of a home — are long-standing traditions among French populations in Acadia, Europe, Quebec, Ontario and Louisiana.

Performers at the festival will feature a range of traditional and new, but will also be mixing genres together, blending rap and fiddle music, breakdancing, electronica and jazz styles all on the same stage.

"For the big kitchen party they're going to mix old songs and new," he said.

Among the performers announced are Swing, La Bottine Souriante and Coeur de Pirate.

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Breast cancer. Ont. researcher explains breakthrough

Western University's John P. Wiebe has turned up hormones that could change the way some breast-cancer patients are treated. ANGELA MULLINS/METRO IN LONDON

The lead researcher of a Western University breast-cancer study says he has identified new hormones that "may suppress breast cancer and stimulate the regression of breast tumours."

Prof. John P. Wiebe's work was recently published in the Breast Cancer Research journal.

"Basically, we've got the first explanation of what causes receptor-negative breast cancer," said Wiebe, who works in London, Ont.

There are two types of breast cancer: receptor-negative and receptor-positive. Receptor-negative cases, which Wiebe says have the higher mortality rate of the two, do not respond to hormonal therapies such as tamoxifen. That means patients are forced into chemo or radiation therapy immediately.

Wiebe's discovery, however, could turn the tide.

JOHN MATISZ/METRO IN LONDON

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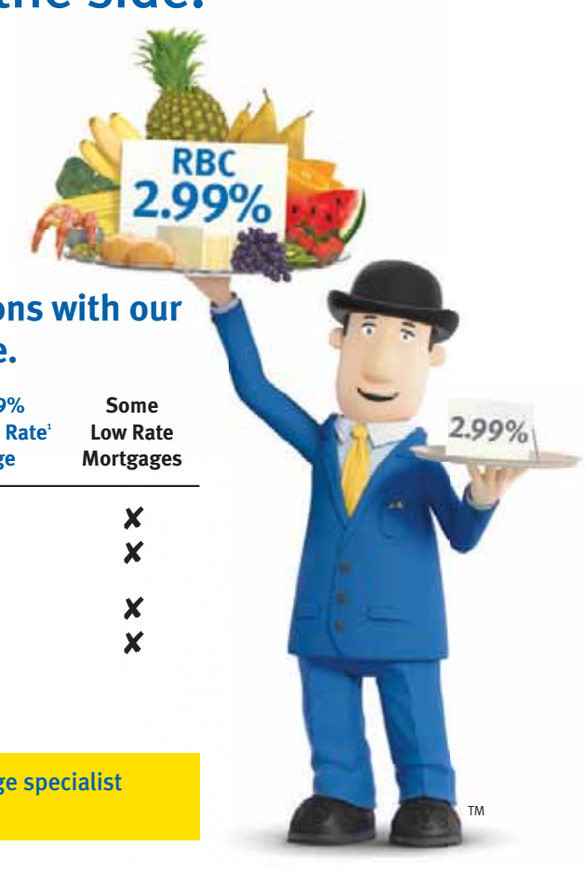

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U.S. President Barack Obama speaks Wednesday in Washington, D.C., about his administration's drone and counterterrorism policies, as well as the military prison at Guantanamo Bay. SAUL LOEBSAUL LOEB/AFP/GETTY IMAGES

Drone strikes necessary in fight against terror: Obama

Security policy. U.S. president also announces a renewed push to close Guantanamo Bay

U.S. President Barack Obama on Thursday defended America's controversial drone attacks as legal, effective and a necessary linchpin in an evolving U.S. counterterrorism policy. But he acknowledged the targeted strikes are no "cure-all" and said he is haunted by the civilians unintentionally killed.

The president also announced a renewed push to close the Guantanamo Bay detention centre in Cuba, including lifting a moratorium on prisoner transfers to Yemen. However, shutting the prison will still require help from Republicans reluctant to back Obama's call to move some detainees to U.S. prisons and try them in civilian courts.

Obama framed his address as an attempt to redefine the nature and scope of terror threats facing the U.S.

"Neither I, nor any president, can promise the total defeat of terror," Obama said in remarks at the National Defence University. "What we can do ... is dismantle networks that pose a direct danger, and make it less likely for new groups to gain a foothold."

The highly secretive program of unmanned spy drones has faced criticism from congressional lawmakers who have questioned its scope and legality. THE ASSOCIATED PRESS

Haunted by deaths

The president defended targeted drone killings as both effective and legal.

- He acknowledged the civilian deaths that sometimes result.
- "For me, and those in my chain of command, these deaths will haunt us as long as we live," he said.

Texas vote

Boy Scouts to accept openly gay kids

Local leaders of the Boy Scouts of America voted Thursday to ease a divisive ban and allow openly gay boys to be accepted into the nation's leading youth organization — one of the most dramatic moves the organization has made in a century. Gay adults will remain barred from serving as Scout leaders.

About 1,400 members of BSA's National Council voted. THE ASSOCIATED PRESS

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SHOPPERS DRUG MART

Alleged would-be terrorist wants lawyer to cite Qu'ran

Accused in VIA Rail case. Suspect says he does not recognize the secular Criminal Code

A man charged in the alleged plot to attack a VIA Rail passenger train says he wants to be represented by a lawyer who will use the Qu'ran as a reference in his case.

"I am agreed to have a lawyer," Chiheb Esseghaier said, appearing in a Toronto court by video link from jail on Thursday.

"But I wish this lawyer can co-operate with me, because I need the holy book as reference for my judgment. I don't want a book written by humans."

The 30-year-old Montreal man told court during an earlier appearance that he does not recognize the authority of the secular Criminal Code.

Both Esseghaier and 35-year-old Raed Jaser of Toronto are charged with conspiracy to murder for the benefit of a terrorist group, participating in a terrorist group and conspiring to interfere with transportation facilities for the benefit of a terrorist group.

The RCMP calls the case the first known alleged plot in Canada directed by al-Qaida.

The justice of the peace told Esseghaier he would have to discuss his wishes with his lawyer once one has been assigned.

He was scheduled to return to court June 3 to provide an update on his request. THE CANADIAN PRESS

Police allege Chiheb Esseghaier and another man were conspiring to derail a VIA Rail passenger train. FRANK GUNN/THE CANADIAN PRESS FILE

Second suspect

Jaser silent on the issue

Raed Jaser also appeared by video link and was scheduled for another court appearance on June 25 as his case goes through the disclosure process.

One of his lawyers, Brydie Bethell, said she has not heard Jaser making similar remarks about the legitimacy of Canada's criminal laws.

"The client has not made any comment like that to me," she said.

London. Muslim radicals say they know suspect in bloody street slashing

A man seen wielding a butcher knife after the killing of a British soldier on the streets of London was described as a convert to Islam who took part in demonstrations with a banned radical group, two Muslim hardliners said on Thursday.

Police raided houses in connection with the slaying. In addition to the two suspects who were hospitalized after being shot by police, authorities said they had arrested a man and a woman, both 29, on suspicion of conspiracy to murder.

Authorities have not identified either wounded suspect.

Anjem Choudary, the former head of the radical group al-Muhajiroun, said that the man depicted in a startling video of the event was named Michael Adebolajo, a Christian who converted to Islam around 2003 and took part in several demonstrations by the group.

Omar Bakri Muhammad, who now lives in Lebanon but had been a radical Muslim preacher in London, also said he recognized the man as Adebolajo and said he attended his lectures in the early 2000s.

Bakri, speaking from Lebanon, said he remembers Adebolajo as a "shy person" who was keen to learn about Islam and asked interesting questions. THE ASSOCIATED PRESS

Off-duty soldier

Victim identified

Lee Rigby
THE ASSOCIATED PRESS

The slain off-duty soldier has been identified as Lee Rigby, 25, who served in Afghanistan. Police would not say whether Rigby, father of a two-year-old boy, had been targeted specifically because of his military service.

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RCMP given Senate documents

Expense claim scandal. Debate continues to rage over report as Sen. Duffy shrugs off suggestions he should resign

The Senate has turned over documents to the Mounties to help their investigation into improper expense claims.

Senate Speaker Noel Kinsella says the RCMP's sensitive and international investigations unit is examining the claims of senators Mike Duffy, Mac Harb and Patrick Brazeau.

The police asked for documents related to the Senate's travel and expenses policies.

A debate is still raging over whether Conservatives on a committee reviewing Duffy's expenses whitewashed their report into the matter. The controversy grew Thursday as the Conservative in charge of the probe admitted he got advice from Stephen Harper's team.

Sen. David Tkachuk, one of a three-member special subcommittee studying Duffy's housing expenses, told Maclean's magazine that he spoke to people in Harper's office — including former chief of staff Nigel Wright — about the issue.

Duffy spoke out Thursday for the first time since the scandal erupted last week, insisting that he looks forward to a complete airing of all the facts and dismissing suggestions he should resign his Senate seat.

THE CANADIAN PRESS

Sen. Mike Duffy arrives on Parliament Hill Thursday. ADRIAN WYLD/THE CANADIAN PRESS

Ford theatre. Toronto mayor's chief of staff gets shown the door

The chief of staff to Toronto's embattled Mayor Rob Ford was escorted by security from city hall Thursday as allegations the mayor had been caught on videotape smoking crack cocaine continued to swirl.

Mark Towhey said he did not resign but his departure had not come as a shock to him.

"The mayor and I spoke about it this afternoon," Towhey said as reporters trailed him through the underground parking lot. Towhey refused to elaborate on the conversation or say what advice he had given Ford about the alleged video.

"My conversations with the mayor are between the mayor and me," Towhey said.

"My advice to the mayor is my advice to the mayor."

Last week, both the American-based website Gawker.com and Torstar News Service reported they had seen — but not obtained — a video made by a west-end drug dealer who was shopping it around for six figures.

Gawker has been trying to raise $200,000 to buy and post the video, reaching more than $157,000 by Thursday evening.

Mark Towhey
STEVE RUSSELL/TORSTAR NEWS SERVICE

Towhey's departure comes a day after the Toronto District Catholic School Board announced it had dropped Ford as volunteer coach of his favourite high school football team, the Don Bosco Eagles.

THE CANADIAN PRESS

Privacy policy. Official wants power to impose big fines on big companies

Canada's privacy commissioner Jennifer Stoddart says she's tried naming and shaming some of the world's largest companies, but it hasn't really worked. So she wants to hit them on their bottom lines.

Stoddart wants Canada's Federal Court to have the power to impose punishing penalties when organizations run afoul of privacy laws.

Pointing to a record-high $22.5-million US fine levied against Google last year by the U.S. Federal Trade Commission, Stoddart says there's no reason Canada can't be just as tough.

"That kind of fine gets the attention of the organization the way my requests to change their practices and give us a report doesn't," says Stoddart.

THE CANADIAN PRESS

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Electronics importers say feds duped them over tariff breaks

Paper trail. Coalition says it has documents showing officials let products in duty-free, knowing levies would be claimed later on

The flap over electronics tariffs has also involved iPods. On Wednesday, Finance Minister Jim Flaherty was asked at a committee hearing about exemptions for iPods. GETTY IMAGES FILE

Importers of popular electronics such as big-screen TVs and MP3 players are ramping up their fight against federal tariff changes, accusing the government of misleading them by offering tariff breaks that it planned to claw back later.

Importers of televisions are already on the hook for about $16 million in retroactive duties from 2011 after last year's crackdown on a particular tariff exemption that has become a political football.

Electronics brought to Canada under exemption 9948 are supposed to be used continuously for four years while hooked up to a computer, and importers are required to provide an "end-user certificate" proving that's how each device was used.

No such end-user certificates for consumer electronics exist, something officials at the Canada Border Services Agency have acknowledged in internal emails.

Now a coalition of importers says it has documents that prove border officials allowed them to import products duty-free, knowing the government would claim the tariffs and penalty costs at a later date.

THE CANADIAN PRESS

NDP reaction

- New Democrats, whom the Conservatives accused of planning an "iPod tax" in 2010, jumped on the latest revelations.
- "It's now clear that despite repeated denials, the Conservatives have been meticulously planning to impose a tax on iPods and other electronic goods and apply it retroactively," Murray Rankin, the NDP critic for National Revenue, said in a release.

Take a hike, Google

This giant tortoise appears mightily unimpressed with the blue-headed human — a.k.a. Googler Karin Tuxen-Bettman — collecting imagery with a Street View Trekker at a tortoise breeding centre run by the Galapagos National Park Service. Google Maps sent crews armed with backpack-mounted cameras and underwater gear to trek around the Galapagos, and the imagery will be available on Street View later this year. Many of the archipelago's volcanic islands — which inspired Charles Darwin's theory of evolution — remain closed to tourists, so the footage will offer a first look at their natural wonders.

GOOGLE/THE ASSOCIATED PRESS

Personal finance

Home ownership still affordable: RBC

A new Royal Bank analysis finds home ownership in Canada remains largely affordable, even if there are signs of mild financial stress among indebted families. The RBC says its latest affordability report shows household financial conditions relative to home ownership were relatively unchanged in the first quarter of 2013 compared with the fourth quarter of 2012.

THE CANADIAN PRESS

Market Minute

DOLLAR 97.14¢ (+0.73¢)

TSX 12,658.09 (-94.41)

OIL $94.25 US (-3¢)

GOLD $1,391.80 US (+$24.40)

Natural gas: $4.25 US (+ 6¢)
Dow Jones: 15,294.50 (-12.67)

Bangladesh probe faults swampy land, poor materials for collapse

The defects and errors that led to the world's deadliest garment-industry accident extend from the swampy ground the doomed Rana Plaza was built on, to "extremely poor quality" construction materials, to the massive, vibrating equipment operating when the eight-storey building collapsed, a committee appointed by Bangladesh's government concluded.

Bangladeshi soldiers stand amid the rubble of a collapsed garment factory building on May 12. THE ASSOCIATED PRESS

The committee recommended life prison sentences for the owners of the building and the five garment factories that operated there, though the charges they currently face carry a maximum seven-year term. Their report, submitted to the government Wednesday, says nothing about the role that an inadequate regulatory system played in the April 24 collapse, which left more than 1,100 people dead.

The disaster highlighted the hazardous working conditions in Bangladesh's $20-billion US garment industry and the lack of safety for millions of workers who are paid as low as $38 a month. THE ASSOCIATED PRESS

No-fair trade. Feds may fire back over U.S. meat labelling

The federal government is threatening "retaliatory measures" against the United States in a dispute over meat-labelling rules that Ottawa and the World Trade Organization consider discriminatory.

The U.S. government has announced new regulations on so-called country of origin labelling that would track beef and hogs through the meat processing and distribution systems.

Canada objects to the labelling system on the grounds that it is costly, burdensome and will lead to the "disintegration" of the North American supply chain.

"Canada is extremely disappointed with the regulatory changes put forward by the United States today," Agriculture Minister Gerry Ritz and Trade Minister Ed Fast said in a joint release Thursday.

"Canada will consider all options at its disposal, including, if necessary, the use of retaliatory measures," said the government release.

THE CANADIAN PRESS

Bogus beef

Arrest made in horsemeat scandal

Dutch authorities on Thursday arrested the director of a meat-processing and wholesale company whose business is at the centre of an investigation into undeclared mixing of horsemeat with beef.

His identity was not released, in line with Dutch privacy laws, but local media identified him as Willy Selten, whose company is at the heart of a huge recall of beef.

THE ASSOCIATED PRESS

HANGING JERSEY A SIGN OF HOPE

THE METRO LIST

Neil Morton
metronews.ca

1 YouTube Comedy Week. The future of comedy is on display this week as YouTube's first annual Comedy Week showcases the best funny stuff on its channel, with its comic stars like Jenna Marbles, Smosh, Epic Meal Time and Danisnotonfire — who all became famous there. Lesson? Instead of hitting amateur comedy clubs or driving to L.A. in your beat-up Jeep, just go on YouTube to showcase your talent.

2 Boston Rob. Reality fans love him for his appearances on Survivor (he was "sole survivor" in Season 22) and The Amazing Race. Well now Rob Mariano, a.k.a. Boston Rob, has released a book called The Boston Rob Rulebook: Strategies for Life, based around his strategic thinking and social awareness that you can apply to your own life. Because life is really one big game of survivor.

3 Tumblr says Yahoo! In its continued efforts to put itself on the map again, Yahoo bought media network Tumblr for $1.1 billion US. This could be a huge move in Yahoo's comeback attempt, as CEO Marissa Mayer tries to breathe new life into this Internet icon. Now this *will* definitely make Yahoo hipper, though some may equate purchasing indie Tumblr as selling out to aging hipsters.

4 @ThatEricAlper. With 127,000-plus followers on Twitter, Canadian music expert Eric Alper links to some of the best music/pop culture gems on the web, from 50 albums to play after a breakup, to nine people who were banned from Saturday Night Live, to a super-cut of film characters screaming "Noooooooooo!" Follow him to be a cool cat.

5 Roboteyes. This synthpop band calls themselves "the soundtrack to the greatest John Hughes movie never made." With their new-wave-era sound, roboteyes' self-titled debut is well worth a listen at roboteyes.bandcamp.com. Their song Break My Heart should be a hit song. It would have been in the '80s.

6 Buzzfeed. It's one of the hottest news sites on the planet right now, and what it does better than anyone is capture and fuel posts going viral — whether it's pictures of cute cats, photo bombs, YouTube videos or breaking news. Buzzfeed gets that people want to discover and share things — from the silly to the serious and everything in between.

7 MS Walk. MS Walks happen in 160 communities across Canada, bringing together people who have been impacted by multiple sclerosis and raising money for research and support programs. I'm walking in one this Sunday in Peterborough with my wife and kids in support of our friend who has been battling the disease. Learn more about these walks at mswalks.ca.

8 Hadfield's space guitar. Chris Hadfield didn't just make space travel really cool — he also made more people want to be guitar heroes. After Hadfield performed Bowie's Space Oddity in space while playing a Vancouver-made Larrivée guitar, that guitar has now been brought back into production for a limited run due to demand. The first guitar rock star on Mars could be you.

9 Kevin Durant. His jersey was photographed hanging amidst the rubble from the tornado in Moore, Okla. And the NBA star proved once again how down-to-Earth and charitable he is when he donated $1 million US to help the recovery efforts there. His Oklahoma City Thunder and the NBA soon followed suit, donating $1 million as well.

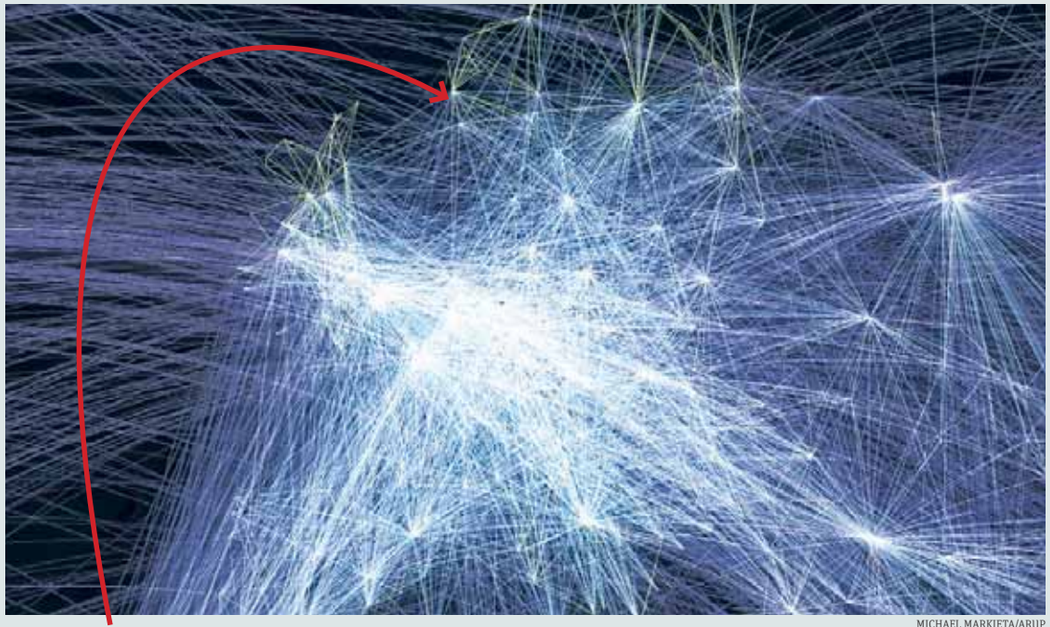
10 Teens and Twitter. A new study from the Pew Research Center reveals Twitter is becoming a go-to social-media destination for teens who say there is too much drama (and parent surveillance) on Facebook. When parents see this, they will get on Twitter and start following their kids there. Dear teens, there is no escape in the social-media world either. Now go clean your rooms.

11 Avery. Speaking of teens, my daughter Avery becomes a teenager next week — yes, she turns 13. I always wanted to give her a shout-out on this list — I love her so much (and my youngest daughter, Chloe). So Avery, there you go. Cool Dad? Yeah, OK, maybe. Now go clean your room.

Follow The Metro List on Twitter @TheMetroList

ZOOM

Have a visually nice flight



MICHAEL MARKIETA/ARUP

The point is you can see flight patterns

A Canadian geographic analyst has transformed aviation data into striking visualisations of flight paths.

Michael Markieta, 23, used more than 58,000 paths, which trace the outlines of the continents. Markieta spent the past year developing the graphics for design and engineering firm Arup, to see how the world is connected.

METRO

Go far

- **Data source.** Open-source project openflights.org.
- **Applications.** To track movement between countries to monitor the spread of disease, to devise analytical ratio between number of flights and GDP of destination/origin cities.

Click bait

HANNAH ZITNER
hannah.zitner@metronews.ca

With the release of Twitter's standalone music app (cleverly named #music), you can now hear what the tweople are tuning into while tuning out their office mates. If you think your music taste is more discerning than the average tweeter, #music will personalize a playlist for you. Based on your follows, tweets and other info provided (Rdio users can sync accounts for a more accurate experience), #music spits out custom-made song lists.
Or you may want to use more established music services like these:

Songza.com:
Playlists for every occasion from staying up all night to having a lazy Sunday morning.

Grooveshark.com:
Lets you select the albums, artists and genres you want to hear or susses out your likes to create a personalized playlist.

Rdio:
The music subscription service is now available in Canada too. For now, Canadians can get a free trial, but regular prices range from $5-$18.

Twitter

@metropicks asked: Paris Hilton's latest venture is a hip-hop record deal. What's your prediction for the heir?

@FrenchmanCanada: She's already made a sex tape, now she's going to make a mix tape. It makes sens.

@thingleaderof5: she'll sell only enough albums that she herself purchases. Her last album died before it hit stores...

@rhughesesq: I guess she was right with her first song, the stars really are blind

Follow @metropicks and take part in our daily poll.

WE WANT TO HEAR FROM YOU:
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metro

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Shelley Verkerk, Wasaga Beach

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Synopsis

Picking up where Fast Five left off, when we first meet Dom Toretto (Vin Diesel) and company, they are wealthy outlaws, living in countries with no extradition to the U.S. Their quiet lives are disrupted when a gang led by super villain Owen Shaw (Luke Evans) stages a daring raid that threatens international security. A task force led by Luke Hobbs (Dwayne Johnson) calls on the expertise of the furious fugitives to help bring Shaw to justice.

- Richard — for F&F fans: ●●●○○
- Richard — for everyone else: ●●○○○
- Mark: ●●●○○

Could crash test dummies stand in for the cast of Fast & Furious 6? HANDOUT

Reel Guys

RICHARD CROUSE AND MARK BRESLIN

Fast & Furious medley

Nothing new. Now at the half-dozen mark, auto action series' latest film is more like a greatest hits mashup than its own creation

Richard: Mark, this is the culmination of the previous five. A greatest hits — literally, there are some wild crashes here — featuring characters from most of the films in the series. All the old faves are back — drug lord Braga, Hobbs and even Letty who was presumed dead in the last instalment — in a story that doesn't make a great deal of sense, but if it was supposed to make sense it would be called Sedans and Sensibility or maybe Of Miatas and Men. But no, this is a Fast & Furious movie that plays fast and furious with believability but still delivers a pretty good time at the movies. What's your take?

MB: SPOILER ALERT: THERE ARE CAR CRASHES IN THIS MOVIE. Richard, I'm so glad we got a sixth instalment of the franchise because somehow there were just too many unexplored nuances in the first five. But if it's action you're after, you won't be disappointed. You're right; the story is secondary; in fact, almost irrelevant. But the relationships among the characters also seem unimportant here. There seemed to be more emotional connection in Fast and Furious 2, 3, and 5 — or was it 1, 3, and 4? Anyway, you get my point. But things certainly go boom.

RC: They sure do. The action scenes here feature the fanciest stunt driving this side of Evel Knievel. To quote the movie, "We're talking vehicular warfare!" And that's what people want to see from these movies. Sure the talk of friendship and loyalty is the overriding theme, but that wouldn't mean much if cars don't become airborne before they burst into flames. What did you think of Vin Diesel?

MB: SPOILER ALERT: THERE ARE FIST FIGHTS IN THIS MOVIE. Richard, Vin Diesel has less personality than some of the cars. And Paul Walker must have been cast ages ago to make him look like a trained actor. The truth is, I'd watch these movies if they used crash test dummies in the leads. The pyrotechnics are dazzling and the cars are great to look at. Toward the end of the film there's a stunt that's so breathtaking it transcends the actors involved. So Diesel is as good as the film needs him to be.

RC: I liked how every line he speaks sounds as though he's dragging it through sandpaper.

MB: If there were ever a guy who needed auto-tune, it's Vin Diesel.

What's hot this summer

The summer movie season has begun on theatre screens across the country. September will mark the beginning of Oscar season, but from now until August our minds are free to turn to sun-bleached mush — and occasionally take in brainier fare.

MATT PRIGGE
Metro World News in New York

This is the End

What: The Apatow boys play "themselves" at a Hollywood party taking place during the apocalypse. Not to be confused with Edgar Wright's forthcoming The World's End, which is also a drunken comedy about the apocalypse.

Why: Michael Cera and others get amusingly offed.

Why not: The Apatow clan has been running a bit on fumes lately. A self-referential, valedictory romp after a string of bombs seems a bit desperate.

The Bling Ring

What: Sofia Coppola returns with her version of a crime saga about girls, led by Emma Watson, who use the Internet to track celebrities' whereabouts and rob their homes.

Why: Sofia Coppola has her problems, but they're often the same as her gifts. No one makes movies like her, which is to say that no one is making films about the insularity of privilege with the actual insight into the insularity of privilege.

Why not: "Paris Hilton as herself."

Berberian Sound Studio

What: Toby Jones plays a sound designer hired by questionable Italian producers to work on a "giallo" — sleazy Italian thriller film prevalent during the '70s.

Why: Director Peter Strickland ably captures the "giallo" mood .

Is World War Z worth missing a summer night for? HANDOUT

Why not: This isn't for everybody. Is that a negative?

White House Down

What: Remember that movie that just came out where 1600 Pennsylvania Ave was invaded? This is totally different.

Why: Channing Tatum as a secret service agent.

Why not: Roland Emmerich last made a movie about how Shakespeare didn't write the works of Shakespeare.

Frances Ha

What: Noah Baumbach (The Squid and the Whale) reunites with his Greenberg leading lady/It Girl Greta Gerwig for this low-budget, B&W ode to the French New Wave.

Why: Baumbach is an acerbic genius and Gerwig is refining her unique, laid-back screen presence with every film, without becoming a stock ingenue.

Why not: Baumbach needs to reunite with his Kicking and Screaming stars, including Chris Eigeman, Carlos Jacott and Josh Hamilton. Just because.

Much Ado About Nothing

What: Hot off directing the third highest grossing film ever (The Avengers), Joss Whedon turns to Shakespeare, the second greatest writer ever (after Stan Lee, of course), with some of his usuals (Nathan Fillion, Amy Acker) filling out the Bard's comedy of errors.

Why: Even if everyone's terrible, it's still Much Ado About Nothing.

Why not: Some of the cast are reportedly terrible. And even with Keanu Reeves, it would be hard to top Kenneth Branagh's 1993 version.

Monsters University

What: It's that prequel to what was once upon a time the worst Pixar movie, which at the time was still a badge of honour.

Why: Pixar had such a sterling track record for so long that it's worth noting that they've only done one actually terrible film (Cars 2), which is still absurdly impressive.

Why not: A Monsters Inc. prequel means more Billy Crystal.

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After Earth

What: M. Night Shyamalan sucks into his orbit fellow Philadelphian Will Smith and his son Jaden, who play humans returning to a post-apocalyptic earth in a film that is in no way Oblivion.

Why: Will Smith is a very good actor.

Why not: You know what? M. Night Shyamalan is too easy to mock. Let's hope he's found a premise that will actually drive his creative juices, as with Signs — but without the garbage ending, as with Signs.

Man of Steel

What: Bryan Singer's continuation of the '70s/'80s Superman films "only" grossed $400 million, so it's time for another reboot. James Cavill, who was awful in Immortals, is the new Clark Kent/S-Man.

Why: Michael Shannon as General Zod! From the trailer it looks like producer Christopher Nolan strongarmed director Zack Snyder into not being like himself.

Why not: Can someone please make more fun superhero movies, just for more variety? Comics were once a bit more sprightly than these heavy broodfests.

World War Z

What: It's the apocalypse — again! But with zombies! Again!

Why: Brad Pitt is a very good actor.

Why not: Marc Forster made Quantum of Solace, the only Bond film to actually be boring. That's impressive. In a way. Also, reshoots are always a good sign, yes?

Frances Ha

What: Noah Baumbach (The Squid and the Whale) reunites with his Greenberg leading lady/It Girl Greta Gerwig for this low-budget, B&W ode to the French New Wave.

Why: Baumbach is an acerbic genius and Gerwig is refining her unique, laid-back screen presence with every film, without becoming a stock ingenue.

Why not: Baumbach needs to reunite with his Kicking and Screaming stars, including Chris Eigeman, Carlos Jacott and Josh Hamilton. Just because.

Before Midnight

What: Richard Linklater returns for a third time to Julie Deply and Ethan Hawke's Celine and Jesse, the would-be lovers who meet in Before Sunrise, now a couple with twins.

Why: See "What."

Why not: Because you hate yourself and all things good?

Comedy

The Hangover Part III

Director. Ami Ayalon, Avi Dichter

Stars. Bradley Cooper, Ed Helms, Zach Galifianakis

The first Hangover movie was a dark, hilarious look at a bachelor party gone horribly wrong. After an unfunny carbon-copy sequel the series ends with a heist film, sans the monkey and, unfortunately, most of the laughs. This time the Wolfpack are coerced by a gangster into tracking down Mr. Chow (Ken Jeong) and gold bricks worth $21 million. Part three is as vulgar as the first two, but the story is stuck in limbo somewhere between heist flick and comedy.

RICHARD CROUSE

Animation

Epic

Director. Chris Wedge

Stars. Colin Farrell, Josh Hutcherson

Parents, get ready for an epic disappointment. Though colourful and exciting enough for the kids, most of the celebrity cast phone in lacklustre voice performances, and the computer animation just isn't spectacular enough to compensate. The story — about little forest people battling an evil corrupter of nature — ends up feeling like a low-rent FernGully (if you remember that one), without the environmental message. Funny guys Aziz Ansari and Jason Sudeikis stand out, and bring the only laughs for the over-10 crowd.

COLIN MCNEIL

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THESE PAGES COVER MOVIE START TIMES FROM FRI., MAY 24 TO THURS., MAY 30 TIMES ARE SUBJECT TO CHANGE.

Bytowne Cinema
325 Rideau St.

Digi60 Ottawa Filmmakers Festival (STC) Thu 9:01
Ginger & Rosa (PG) Fri 7:10 Sat 9:15 Sun 1:45-6:20 Mon 9:05 Tue 6:59 Wed 9:05
Kon-Tiki (PG) Fri 4:30 Sat 4:10 Sun 8:30
Still Mine (PG) Fri 9:20 Sat 1:45-6:50 Sun 3:55 Mon 6:45 Tue 9:05 Wed-Thu 6:45

Canadian Museum of nature
240 McLeod St.

Dinosaur Passage to Pangaea 3D (STC) Sat-Thu 12:50-2:30-3:40 Sat-Thu 12:35-3:05
No Films Showing Today (STC) Fri
Tornado Alley 3D (STC) Sat-Thu 10:30-1:10 Sat-Thu 11:15-1:50

Coliseum Ottawa
3090 Carling Ave.

After Earth (PG) Thu 10
American Mary (14A) Thu 9:35
Epic (PG) No Passes Fri-Sun 1:35-4:10-6:45 No Passes Mon-Thu 3:50-6:25 Star & Strollers Screening, No Passes Thu 1
Epic 3D (PG) No Passes Fri-Sun 11:45-2:20-4:55-7:30-10:05 No Passes Mon-Wed 4:35-7:10-9:50 No Passes Thu 1:30-4:35-7:10-9:50
Exhibition: Manet — Portraying Life (STC) Sat 4
Fast & Furious 6 (PG) No Passes Fri-Sun 12:40-3:40-6:45-9:50 No Passes Mon 3:20-7:05-9:30 No Passes Tue 3:20-6:25-9:30 No Passes Wed 3:20-6:25-10:30 No Passes Thu 3:20-6:25-9:30 No Passes Fri-Sun 1:40-4:40-7:45-10:50 No Passes Mon-Wed 4:30-7:30-10:30 No Passes Thu 1:10-4:30-7:30-10:30
Full Metal Jacket (STC) Mon 7 Wed 9:30
The Great Gatsby (PG) Fri 12:50-4-7:15-10:30 Sat 12:50-7:15-10:30 Sun 12:50-4-7:15-10:30 Mon-Wed 3:40-6:50-10:10 Thu 3:40-6:50
The Hangover Part III (14A) No Passes Fri-Sun 12-12:30-1-2:30-3-3:30-5:05-5:35-6:05-7:30-8-8:30-10:05-10:35-11:05 No Passes Mon-Wed 4:10-5:15-5:40-7:10-7:40-8:10-9:45-10:15-10:25 No Passes Thu 1:15-4:10-5:15-5:40-7:40-8:10-9:45-10:15-10:25
Iron Man 3 (PG) Fri-Sun 10 Mon-Wed 9:40 Thu 1:05-9:40
Iron Man 3 3D (PG) Fri-Sun 12:10-3:15-6:30-9:35 Mon-Wed 3:15-6:30-9:35 Thu 3:15-6:30
Now You See Me (PG) Thu 7:10-10:10
Star Trek Into Darkness (PG) No Passes Fri-Sun 12-3:10-6:40-9:50 No Passes Mon-Wed 6:20-9:30 No Passes Thu 6:50
Star & Strollers Screening, No Passes Thu 1
Star Trek Into Darkness 3D (PG) No Passes Fri-Sun 12:40-3:50-7:10-10:20 No Passes Mon-Wed 3:30-6:50-10 No Passes Thu 3:30-10 No Passes Fri-Sun 1:20-4:30-7:40-10:50 No Passes Mon 4:10-10:30 No Passes Tue 4:10-7:20-10:30 No Passes Wed 4:10-7:15 No Passes Thu 4:10-7:20-10:30

Empire 7 Cinemas
111 Albert St. 3rd Floor
World Exchange Plaza

The Company You Keep (14A) Fri 3:10-6:10-9:05 Sat-Sun 11:55-3:10-6:10-9:05 Mon 3:10-6:10-9:05 Tue 11:55-3:10-6:10-9:05 Wed-Thu 3:10-6:10-9:05
Epic (PG) Fri 6:15-9 Sat-Sun 12:40-6:15-9 Mon 6:15-9 Tue 12:40-6:15-9 Wed-Thu 6:15-9
Epic 3D (PG) Fri-Thu 3:50
Fast & Furious 6 (PG) No Passes Fri 3:15-6:35-9:30 No Passes Sat-Sun 12:20-3:15-6:35-9:30 No Passes Mon 3:15-6:35-9:30 No Passes Tue 12:20-3:15-6:35-9:30 No Passes Wed-Thu 3:15-6:35-9:30
The Great Gatsby (PG) Fri 3-6:05-9:10 Sat-Sun 11:50-3-6:05-9:10 Mon 3-6:05-9:10 Tue 11:50-3-6:05-9:10 Wed-Thu 3-6:05-9:10
The Hangover Part III (14A) No Passes Fri 3:40-6:50-9:40 No Passes Sat-Sun 12:30-3:40-6:50-9:40 No Passes Mon 3:40-6:50-9:40 No Passes Tue 12:30-3:40-6:50-9:40 No Passes Wed-Thu 3:40-6:50-9:40
Iron Man 3 (PG) Fri 3:30-6:20-9:15 Sat-Sun 12-3:30-6:20-9:15 Mon 3:30-6:20-9:15 Tue 12-3:30-6:20-9:15 Wed-Thu 3:30-6:20-9:15
Star Trek Into Darkness (PG) No Passes Fri-Thu 3:25
Star Trek Into Darkness 3D (PG) No Passes Fri 6:25-9:20 No Passes Sat-Sun 12:10-6:25-9:20 No Passes Mon 6:25-9:20 No Passes Tue 12:10-6:25-9:20 No Passes Wed-Thu 6:25-9:20

Mayfair Theatre
1074 Bank St.

Bidder 70 (STC) Thu 7
Christine (STC) Fri 11:30 Sun 8:30
The Rep (STC) Wed 9:15 Thu 9
The Room (STC) Sat 11
Shane (STC) Sun 3:30 Mon 7
Sound City (PG) Fri 9:15 Sat 8:30 Mon 9:30 Tue 9:15
Thérèse Desqueyroux (STC) Fri 7 Sat-Sun 6 Tue-Wed 7

Rainbow Cinemas
St. Laurent Centre
1200 St. Laurent Blvd.

42 (PG) Fri-Tue 10:20-1:10-4-6:30-9:05 Wed 10:20-1:10-4-6:30 Thu 10:20-4-6:30-9:05 Thu 1:10
The Big Wedding (14A) Fri-Tue 10-3-5-9:30 Wed 10-3-5 Thu 10-3-5-9:30
Escape From Planet Earth (PG) Fri-Thu 12:35-2:35-4:45
G.I. Joe: Retaliation (PG) Fri-Tue 10:10-7-9:20 Wed 10:10-7 Thu 10:10-7-9:20
Identity Thief (14A) Fri-Tue 9:55-9:10 Wed 9:55 Thu 9:55-9:10
Life of Pi (PG) Fri-Thu 1:20-6:40
Oblivion (PG) Fri-Thu 12:05-6:55
Olympus Has Fallen (14A) Fri-Tue 10:30-4:10-9:15 Wed 10:30-4:10 Thu 10:30-4:10-9:15 Thu 1:10
Oz the Great and Powerful (PG) Fri-Thu 12:20-3:30-6:30

South Keys
2214 Bank St.

After Earth (PG) Thu 9
The Croods (G) Fri 10:55-1:30-4-6:35-9 Sat 1:30-6:55-9:10 Sun-Wed 10:55-1:30-4-6:35-9 Thu 10:55-1:30-4-6:35
Epic (PG) No Passes Fri-Thu 10:45-1:10-3:50-6:25
Epic 3D (PG) No Passes Fri-Thu 11:15-1:50-4:25-6:55-9:25
Exhibition: Manet — Portraying Life (STC) Sat 4
Fast & Furious 6 (PG) No Passes Fri-Thu 10:30-11:55-1:25-2:55-4:15-6-7:10-9:05-10:05
The Great Gatsby (PG) Fri-Thu 9:15
The Great Gatsby 3D (PG) Fri-Thu 12:20-3:40-6:50-9:55
The Hangover Part III (14A) No Passes Fri-Thu 11:10-12:15-1:45-2:40-4:20-5-6:45-7:30-9:20-10
Iron Man 3 (PG) Fri-Wed 11:30-2:45-6:10-9:10 Thu 11:30-2:45
Iron Man 3 3D (PG) Fri-Thu 12:10-3:20-6:40-9:50
Matilda (STC) Sat 11
Now You See Me (PG) Thu 7-9:40
Star Trek Into Darkness (PG) No Passes Fri-Thu 11:50-3:05-6:30-9:35
Star Trek Into Darkness 3D (PG) No Passes Fri-Thu 12:35-3:45-7-10:05

Canadian Museum of civilization
100 rue Laurier

Le dernier récif 3D (STC) Fri 1 Sat 8 Sun 11 Mon 12
Grand Canyon Adventure: River at Risk (STC) Tue 11
L' incroyable voyage des papillons 3D (STC) Tue 1
L'Express des Rocheuses (STC) Fri 2 Sun 7 Mon 8 Wed 8
The Last Reef: Cities Beneath the Sea 3D (STC) Fri 10-3 Sat 11-3-6 Sun 3 Mon 11-3 Tue-Wed 12-3 Thu 10-1-3
Rocky Mountain Express (STC) Sat 7 Sun 6 Mon 1-7 Tue 8 Wed 9:30-1 Thu 8
Space Station (STC) Fri 12
Titans de l'ère glaciaire 3D (STC) Fri 4-7 Sat-Sun 1-4 Mon-Tue 4 Wed 4-7 Thu 12-4
Titans of the Ice Age 3D (STC) Fri 11-2-5 Sat-Sun 12-2-5 Mon 2-5 Tue 9:45-2-5-7 Wed 11-2-5 Thu 11-2-5-7

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After Earth (STC) Thu 9:15
Epic (G) Fri-Sun 1:10-7:10-9:20 Mon 7:10 Tue 1:10-7:10-9:20 Wed-Thu 7:10-9:20
Fast & Furious 6 (13+) Fri-Sun 1-3:40-7-9:40 Mon 7 Tue 1-3:40-7-9:40 Wed-Thu 7-9:40
Iron Man 3 (STC) Fri-Sun 12:50-3:30-6:50-9:30 Mon 6:50 Tue 12:50-3:30-6:50-9:30 Wed 6:50-9:30 Thu 6:50
Star Trek Into Darkness 3D (G) Fri-Sun 12:50-3:30-6:50-9:30 Mon 6:50 Tue 12:50-3:30-6:50-9:30 Wed-Thu 6:50-9:30
Épique 3D (G) Fri-Tue 3:20

Ciné-starz
1100 boul. Maloney Ouest

Astérix et Obélix: Au service de sa Majesté (STC) Fri-Sun 12-1:55-6 Mon-Thu 12-4:05-6
Film de peur 5 (13+) Fri-Sun 5:25-7:40-9:15 Mon-Thu 4:30-8:20
Fuyons la planète Terre (STC) Fri-Sun 12-2:15-3:50-6:05
Jack le chasseur de géants (G) Fri-Sun 12-4:10 Mon-Thu 3:20-7:05
L'oubli (G) Fri-Sun 3:50-7-9:15 Mon-Thu 1:35-7-9:15
Majeur et vacciné (13+) Mon-Thu 12-1:40-5:25-9:10
Oz le magnifique (STC) Fri-Sun 12-1:35-3:50 Mon-Thu 12-2:15-6
Un grand mariage (13+) Fri-Sun 8-9:35 Mon-Thu 12-3:50-5:25
Les âmes vagabondes (G) Fri-Sun 2-6:15-8:30 Mon-Thu 1:55-8

Ciné-Parc Templeton Drive-In
1779 boul. Maloney Est

G.I. Joe: Retaliation (13+) Fri-Sun
L'oubli (G) Fri-Sun
No Films Showing Today (STC) Mon-Thu
Rapides et dangereux 6 (13+) Fri-Sun
Star Trek Into Darkness (G) Fri-Sun

Gatineau 9
120 boul. de l'Hôpital

Coup musclé (STC) Fri-Sun 2:45-6:30-9:15 Mon 6:30-9:15 Tue-Thu 2:45-6:30-9:15
Les Croods (STC) Fri-Sun 12:30-3-6:50 Mon 6:50 Tue-Thu 12:30-3-6:50
Fast & Furious 6 (13+) Fri-Sun 1:10-4-7:30-10:10 Mon 7:30-10:10 Tue-Thu 1:10-4-7:30-10:10
Gatsby le magnifique (STC) Fri-Thu 9

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Iron Man 3 3D (STC) Fri-Sun 1-3:50-6:40-9:30 Mon 6:40-9:30 Tue-Thu 1-3:50-6:40-9:30
Lendemain de veille 3 (13+) Fri-Sun 1:20-3:40-7:20-9:45 Mon 7:20-9:45 Tue-Thu 1:20-3:40-7:20-9:45
Rapides et dangereux 6 (13+) Fri-Sun 12:45-3:45-7-9:50 Mon 7-9:50 Tue-Thu 12:45-3:45-7-9:50
Star Trek Into Darkness (G) Fri-Sun 12:15-3:05-6:30-9:15 Mon 6:30-9:15 Tue-Thu 12:15-3:05-6:30-9:15
Star Trek vers les ténèbres (G) Fri-Sun 12:40-3:35-6:45-9:35 Mon 6:45-9:35 Tue-Thu 12:40-3:35-6:45-9:35
Épique 3D (G) Fri-Sun 1:15-3:30-7:10-9:20 Mon 7:10-9:20 Tue-Thu 1:15-3:30-7:10-9:20

StarCité Hull
115 boul. du Plateau

After Earth (STC) Thu 9
Les Croods (STC) Fri-Sun 12:10-2:35-5-7:25-9:50 Mon 7:25-9:50 Tue 12:10-2:35-5-7:25-9:50 Wed 7:25-9:50 Thu 6:50
Epic (G) No Passes Fri 1:35-4:10-7-9:30 No Passes Sat 11-1:35-4:10-7-9:30 No Passes Sun 1:35-4:10-7-9:30 No Passes Mon 7-9:30 No Passes Tue 1:35-4:10-7-9:30 No Passes Wed-Thu 7-9:30 Star & Strollers Screening, No Passes Thu 1:30
Exhibition: Manet — Portraying Life (STC) Sat 4
Fast & Furious 6 (13+) No Passes Fri-Sun 12:40-3:40-6:45-9:50 No Passes Mon 6:50-9:50 No Passes Tue 12:40-3:40-6:45-9:50 No Passes Wed-Thu 6:50-9:50 No Passes Fri 1:40-4:40-7:45-10:50 No Passes Sat 11-1:55-4:55-8-11 No Passes Sun 1:40-4:40-7:45-10:45 No Passes Mon 7:30-10:30 No Passes Tue 1:40-4:40-7:45-10:45 No Passes Wed-Thu 7:30-10:30
The Great Gatsby (STC) Fri-Sun 12:45-4-7:15-10:30 Mon 7:15-10:25 Tue 12:45-4-7:15-10:30 Wed-Thu 7:15-10:25
The Hangover Part III (13+) No Passes Fri-Sun 12:30-1-3-3:30-5:30-6:05-8-8:30-10:30-10:55 No Passes Mon 7:45-8-10:10-10:25 No Passes Tue 12:30-1-3-3:30-5:30-6:05-8-8:30-10:30-10:55 No Passes Wed-Thu 7:45-8-10:10-10:25
Iron Man 3 (STC) Fri-Sun 12-3:15-6:30-9:35 Mon 7-9:55 Tue 12-3:15-6:30-9:35 Wed-Thu 7-9:55
Iron Man 3 3D (STC) Fri-Sun 1:05-4:15-7:25-10:35 Mon 7:20-10:15 Tue 1:05-4:15-7:25-10:35 Wed-Thu 7:20-10:15
Lendemain de veille 3 (13+) No Passes Fri-Sun 12-2:30-5:05-7:30-9:55 No Passes Mon 7:30-9:55 No Passes Tue 12-2:30-5:05-7:30-9:55 No Passes Wed-Thu 7:30-9:55 No Passes Thu 1
Matilda (STC) Sat 11 Sat 11
Now You See Me (G) Thu 7-9:40
Pain & Gain (STC) Fri 1:50-4:45-7:40-10:35 Sat 1-7:40-10:35 Sun 1:50-4:45-7:40-10:35 Mon 7:35-10:30 Tue 1:50-4:45-7:40-10:35 Wed 10:30
Rapides et dangereux 6 (13+) No Passes Fri-Sun 1:10-4:10-7:15-10:20 No Passes Mon 7:15-10:15 No Passes Tue 1:10-4:10-7:15-10:20 No Passes Wed-Thu 7:15-10:15
Star Trek Into Darkness (G) No Passes Fri-Sun 12:50-4-7:10-10:20 No Passes Mon 7:10-10:10 No Passes Tue 12:50-4-7:10-10:20 No Passes Wed-Thu 7:10-10:10
Star Trek Into Darkness 3D (G) No Passes Fri-Sat 1:20-4:30-7:40-10:50 No Passes Sun 1:20-4:30-7:40-10:40 No Passes Mon 7:30-10:30 No Passes Tue 1:20-4:30-7:40-10:40 No Passes Wed-Thu 7:30-10:30
Star Trek vers les ténèbres 3D (G) No Passes Fri-Sun 11:55-3-6:10-9:20 No Passes Mon 6:50-9:50 No Passes Tue 11:55-3-6:10-9:20 No Passes Wed-Thu 6:50-9:50
Épique (G) No Passes Fri-Sun 11:45 No Passes Tue 11:45
Épique 3D (G) No Passes Fri-Sun 2:20-4:55-7:30-10 No Passes Mon 7:30-10 No Passes Tue 2:20-4:55-7:30-10 No Passes Wed-Thu 7:30-10

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Epic 3D (PG) No Passes Fri 7-9:35 No Passes Sat-Sun 11:45-2:20-4:55-7-9:35 No Passes Mon-Thu 5:10-7:45
Fast & Furious 6 (PG) No Passes Fri 7:15-10:20 No Passes Sat-Sun 1:20-4:20-7:25-10:30 No Passes Mon 4:40-7:45 No Passes Tue-Thu 4:40-7:40
The Great Gatsby (PG) Fri 6:45 Sat-Sun 12:15-6:45 Mon-Thu 8:10 Star & Strollers Screening Thu 1
The Great Gatsby 3D (PG) Fri 10 Sat-Sun 3:25-10 Mon-Thu 5
The Hangover Part III (14A) No Passes Fri 7:30-10:05 No Passes Sat-Sun 12:10-2:50-5:25-7:50-10:25 No Passes Mon-Thu 5:25-7:50 Star & Strollers Screening, No Passes Thu 1
Iron Man 3 3D (PG) Fri 6:55-10:05 Sat-Sun 12:35-3:45-6:55-10:05 Mon-Thu 4:30-7:30
Matilda (STC) Sat 11
Star Trek Into Darkness (PG) No Passes Fri 6:40-9:50 No Passes Sat-Sun 12:20-3:30-6:40-9:50 No Passes Mon-Thu 5:20-8:20
Star Trek Into Darkness 3D (PG) No Passes Fri 7:20-10:30 No Passes Sat-Sun 1-4:15-7:20-10:30 No Passes Mon-Thu 4:50-8

SilverCity, 2385 City Park Dr.

After Earth (PG) Thu 9:30
American Mary (14A) Thu 9:30
The Croods (G) Fri 1:45-4:10 Sat 11-1:25 Sun-Tue 1:45-4:10 Wed 1:45-4:10-6:45 Thu 1:40-4:10
Epic (PG) No Passes Fri 1:35-4:10-6:55-9:30 No Passes Sat 11:05-1:35-4:10-6:55-9:30 No Passes Sun-Thu 1:35-4:10-6:55-9:30
Epic 3D (PG) No Passes Fri-Thu 2:20-4:55-7:35-10:05
Exhibition: Manet — Portraying Life (STC) Sat 4
Fast & Furious 6 (PG) No Passes Fri-Sun 1:40-4:40-7:45-10:50 No Passes Mon 12:20-1-1:40-3:20-4-4:40-6:45-7:15-7:45-9:50-10:20-10:50 No Passes Tue-Wed 1:30-4:30-7:30-10:30 No Passes Thu 12:20-1-1:40-3:20-4-4:40-6:45-7:15-7:45-9:50-10:20-10:50 No Passes Fri 12:20-1-3:20-4-6:45-7:15-9:50-10:20 No Passes Sat 12:20-1:20-3:20-4:20-6:45-7:15-9:50-10:20 No Passes Sun 12:20-1-3:20-4-6:45-7:15-9:50-10:20 No Passes Tue-Wed 12:20-1-3:20-4-6:45-7:15-9:50-10:20
Full Metal Jacket (STC) Mon 7 Wed 9:30
The Great Gatsby (PG) Fri-Sun 6:50-9:55 Mon 9:55 Tue 6:50-9:55 Thu 6:30
The Great Gatsby 3D (PG) Fri-Thu 12:45-4:05-7:20-10:35
The Hangover Part III (14A) No Passes Fri 12:30-1:05-3-3:30-5:30-6:05-8-8:30-10:25-10:55 No Passes Sat 12:30-1:05-3-3:30-5:30-8-8:30-10:25-10:55 No Passes Sun-Tue 12:30-1:05-3-3:30-5:30-6:05-8-8:30-10:25-10:55 No Passes Wed 12:30-3-3:30-5:30-6:05-8-8:30-10:25-10:55 No Passes Thu 12:30-1:05-3-3:30-5:30-6:05-8-8:30-10:25-10:55 No Passes Fri-Thu 12-2:30-5:05-7:30-10 Star & Strollers Screening, No Passes Wed 1
Iron Man 3 (PG) Fri-Wed 12:35-1:10-3:45-4:15-7-7:25-10:10-10:40 Thu 12:35-1:10-3:45-4:15-7-10:10
Matilda (STC) Sat 11
Mud (PG) Fri-Sun 12:25-3:45-6:35-9:35 Mon 12:25-9:35 Tue 12:25-3:45-6:35-9:35 Wed 12:25-3:40-10 Thu 12:25-3:40
Now You See Me (PG) Thu 7-9:50
Star Trek Into Darkness (PG) No Passes Fri-Sun 12:05-3:10-6:40-9:45 No Passes Mon 12:05-3:05-9:45 No Passes Tue 12:05-3:10-6:40-9:45 No Passes Wed 3:50-10:15 No Passes Thu 12:05-3:10-6:40-9:45 Star & Strollers Screening, No Passes Wed 1
Star Trek Into Darkness 3D (PG) No Passes Fri-Tue 12:40-3:50-7:10-10:15 No Passes Wed 12:05-3:10-6:40-9:45 No Passes Thu 12:40-3:50-7:10-10:15
Star Trek Into Darkness: An IMAX 3D Experience (PG) No Passes Fri 1:20-4:30-7:40-10:45 No Passes Sat 10:45-1:45-4:50-7:55-11 No Passes Sun-Thu 1:20-4:30-7:40-10:45

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After Earth (PG) Digital, Dolby Stereo Digital, No Passes Thu 9
Epic (PG) Digital, Dolby Stereo Fri-Sun 1-7 Digital, Dolby Stereo Mon 7 Digital, Dolby Stereo Tue 1-7 Digital, Dolby Stereo Wed-Thu 7
Epic 3D (PG) Dolby Stereo Digital Fri-Thu 4-10:15
Fast & Furious 6 (PG) Dolby Stereo Digital, No Passes Fri-Sun 12:15-3:15-6:45-10 Dolby Stereo Digital, No Passes Mon 3:15-6:45-10 Dolby Stereo Digital, No Passes Tue 12:15-3:15-6:45-10 Dolby Stereo Digital, No Passes Wed-Thu 3:15-6:45-10 Digital, Dolby Stereo Digital, No Passes Fri-Sun 1:10-4:10-7:30-10:30 Digital, Dolby Stereo Digital, No Passes Mon 4:10-7:30-10:30 Digital, Dolby Stereo Digital, No Passes Tue 1:10-4:10-7:30-10:30 Digital, Dolby Stereo Digital, No Passes Wed-Thu 4:10-7:30-10:30
The Great Gatsby (PG) Dolby Stereo Digital Fri 12-6 Dolby Stereo Digital Sat-Sun 11:30-6 Dolby Stereo Digital Mon 6 Dolby Stereo Digital Tue 11:30-6 Dolby Stereo Digital Wed-Thu 6
The Great Gatsby 3D (PG) Dolby Stereo Digital Fri 3-9:15 Dolby Stereo Digital Sat-Thu 2:40-9:15
The Hangover Part III (14A) Dolby Stereo Digital, No Passes Fri-Sun 12:45-1:20-3:30-4:20-7:15-7:45-9:50-10:20 Dolby Stereo Digital, No Passes Mon 3:30-4:20-7:15-7:45-9:50-10:20 Dolby Stereo Digital, No Passes Tue 12:45-1:20-3:30-4:20-7:15-7:45-9:50-10:20 Dolby Stereo Digital, No Passes Wed-Thu 3:30-4:20-7:15-7:45-9:50-10:20
Iron Man 3 (PG) Dolby Stereo Digital Fri 11:30-6:30-9 Dolby Stereo Digital Sat-Sun 11:50-6:30-9 Dolby Stereo Digital Mon 6:30-9 Dolby Stereo Digital Tue 11:50-6:30-9 Dolby Stereo Digital Wed 6:30-9 Dolby Stereo Digital Thu 6:30
Iron Man 3 3D (PG) Dolby Stereo Digital Fri 2:40-9:45 Dolby Stereo Digital Sat-Thu 3-9:45
Now You See Me (PG) Digital, Dolby Stereo Digital Thu 7-9:45
Star Trek Into Darkness (PG) Dolby Stereo Digital, No Passes Fri-Sun 11:40-2:50-6:10-9:20 Dolby Stereo Digital Mon 2:50-6:10-9:20 Dolby Stereo Digital Tue 11:40-2:50-6:10-9:20 Dolby Stereo Digital Wed 2:50-6:10-9:20 Dolby Stereo Digital Thu 2:50
Star Trek Into Darkness 3D (PG) Dolby Stereo Digital, No Passes Fri-Sun 12:30-3:40-7:10-9:40 Dolby Stereo Digital Mon-Thu 3:40-7:10-9:40
Épique (PG) Digital, Dolby Stereo Digital Fri-Sun 12-2:30-6:20 Digital, Dolby Stereo Digital Mon 2:30-6:20 Digital, Dolby Stereo Digital Tue 12-2:30-6:20 Digital, Dolby Stereo Digital Wed-Thu 2:30-6:20

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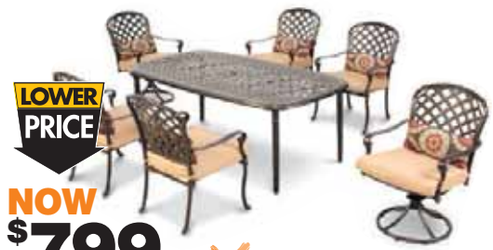
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Michael Douglas taking on the face of Liberace's flamboyant lifestyle

Interview. The Traffic actor plays eccentric pianist Liberace in Steven Soderbergh's flashy biopic Behind the Candelabra

RANIA HOBALLAH
Metro World News

Michael Douglas shared his thoughts on Liberace and Steven Soderbergh as his film Behind the Candelabra is set to air on HBO Canada this Sunday.

On his memories of Liberace
I met him once, briefly, when I was 12. At the time, my father (Kirk Douglas) owned a house in Palm Springs, close to Lee Liberace's home. One sunny day, this Rolls Royce stopped in front of the house and Lee stepped out.

More Douglas

On his identification:

- **Quote.** "I normally play the bad or ambiguous guy. But once you start doing your research on Lee, you realize that he was a generous man. It's the first time that I play a famous character."

Michael Douglas as Liberace and Matt Damon as Scott Thorson in a scene from Behind the Candelabra. HANDOUT

He was wearing lots of gold and the sunlight was reflecting off his jewelry... He was a sort of pre-Elton John. He invited that style. He was a charming man.

On Soderbergh's offer
In 2001, when we were filming Traffic, Steven (Soderbergh) asked me, 'Have you ever thought of doing something about Liberace?' I wondered how that character could possibly make him think of me… I was a bit paranoid at the time, so I tried to thank him and slip away!

"But then, years later, Steven came across this book, Behind the Candelabra. Richard LaGravenese, the scriptwriter, showed it to Matt Damon, telling him he would be (Liberace's lover) Scott (Thorson) and I, Liberace. This happened right after my cancer, and offering me this role was a great gift. I will be eternally grateful to Matt and Steven for waiting until I got better."

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LATE NIGHT PUNK KARAOKE AND MUCH MORE!

Carter to release memoir about substance abuse

New book. Backstreet Boy talking about personal troubles as well as a tumultuous family life

Nick Carter isn't only writing songs — he's written a book.

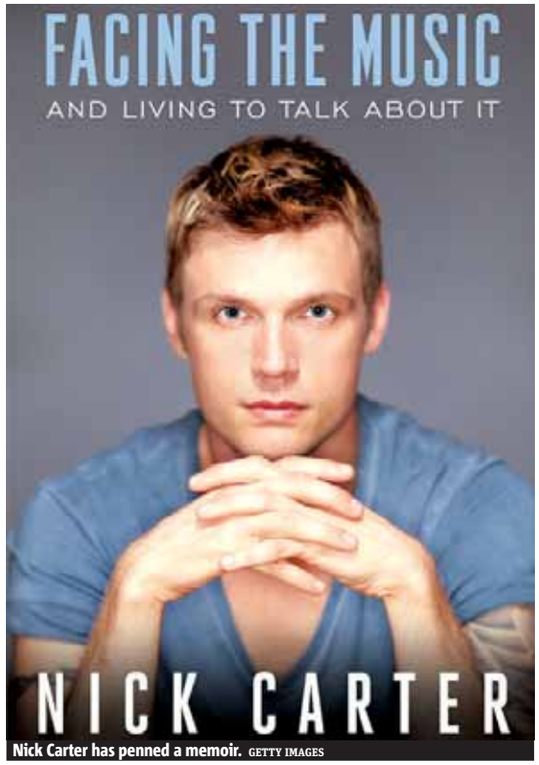
The Backstreet Boys singer will release a memoir, Facing the Music and Living to Talk About It, on Sept. 24 via Bird Street Books. The 33-year-old is the first of the group to release a book.

The autobiography and self-help book will include stories about Carter's teenage years in the multiplatinum Backstreet Boys, his struggles with substance and alcohol abuse and the hardships of his family.

His younger siblings include Aaron and Leslie Carter. Leslie, who battled with substance abuse, died last year. Carter is engaged to Lauren Kitt.

The Backstreet Boys will release their eighth album, In a World Like This, on July 30.

THE ASSOCIATED PRESS



Nick Carter has penned a memoir. GETTY IMAGES

Getting through the week

Why do short weeks always seem so long? These will help eat up some of those interminable Friday hours

SOUND CHECK
Alan Cross
scene@metronews.ca

Blackbird/Paul McCartney and Wing

Macca is back on the road again, which is a great time to release a remastered version of Wings Over America from 1976, which will be available Tuesday.

Parabol/Tool

A couple of weeks ago, I listed a Justin Bieber song that had been teased out to more than 30 minutes by using some special software. This meditation-grade Tool is nothing short of brilliant.

Folsom Prison Gangstaz/ Johnny Cash vs. Easy-E

The Man in Black meets the Godfather of Gangsta Rap. It's amazing how well this mashup works.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

My first name ain't Baby, it's Billionaire

Janet Jackson isn't doing too bad for herself: After several decades in the entertainment industry, the singer and actress has reportedly hit billionaire status, according to Variety.

Jackson's income has included $458 million for concert tours, $260 million from album sales and $304 million for film and TV work, plus more than $81 million from sponsorship deals.

With the new income milestone, Jackson joins an elite club that also includes her husband, Wissam Al Mana, who became a billionaire thanks to investments in the Middle East.

Moore than a number: Would you ask the men these questions?

Julianne Moore ALL PHOTOS GETTY IMAGES

Julianne Moore is getting tired of the double standard for women when it comes to getting older in Hollywood. "Men aren't asked about age. Men aren't asked about their children," she tells DuJour magazine. "Not that these things aren't important, but I do feel like it becomes reductive when a woman's life becomes, 'Talk to me about your kids and how you feel about plastic surgery.'" Still, Moore doesn't want to sound like she's complaining, as she's thrilled to have had the career she's already had: "If I saw myself sitting here at 52, talking about my career and how I've been doing it for the last 30 years, I'd be like, 'Are you kidding me? It happened?'"

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Amanda Bynes

Bynes boils over allegedly altered photos

Amanda Bynes is not happy with how In Touch Weekly has been portraying her, and who can blame her when the cover story on her gets a "Destroyed by fame" headline? But that's not why Bynes is up in arms. The magazine apparently used "fake altered photos" with the story "because they f—ing hate me," Bynes explained on Twitter. (The magazine also claimed to have photos taken inside Bynes' New York City apartment.)

"They used an old shot of me on the cover with a bad angle of my old nose before I had surgery to reshape my profile and to remove the webbing from my eyes," Bynes tweeted. "I have to sue because that's not my apartment, those aren't my clothes!"

Stewart wasn't so Swift to seek out Taylor's sympathy

Kristen Stewart

OK, so maybe Kristen Stewart didn't seek breakup advice from Taylor Swift after all. Despite reports earlier this week, sources insist to E! News that the Twilight actress did not in fact hightail it to Swift's Beverly Hills home in the wake of her split from Robert Pattinson. "They know each other and they are friends, but they didn't see each other," a source says of the young women.

Taco, the next generation

Top chefs share their ideas for making over everyone's favourite build-it-yourself meal

Cali Vegetarian

Santa-Barbara-based food and garden blogger Valerie Rice (Eat Drink Garden) uses lentils as the base for her taco, simmering them with tomato, garlic, red pepper, and a dash each of cumin and smoked paprika. The lentils get packaged in a soft corn tortilla and topped with items such as roasted tomatillo salsa and guacamole. "My first go-round with these I wasn't sure how it would go over with my meat-loving husband and sometimes picky daughters," Rice wrote in an email. "But they were a total hit and now are part of our dinnertime rotation."

Persian-Inspired

Toss shredded chicken in a sauce of pomegranate molasses, lime juice and honey. Stuff the meat into a taco shell (or wrap it in a flour tortilla or even Middle Eastern flatbread) and top with yogurt, fresh basil, mint, scallions, tomato, cucumber and plenty of sumac. "This is a classic combination of Persian ingredients," Louisa Shafia, author of The New Persian Kitchen, wrote in an email. "Crushed purple sumac berries are tart and salty and a must have for conjuring the authentic flavour of Middle Eastern cuisine."

Pig-in-a-Taco

Stick a pork tenderloin in the slow cooker until it practically melts, suggests Marie Simmons, author of the new cookbook, Taste of Honey. Shred the meat, then toss it with a sweet-spicy barbecue sauce made by simmering honey, chipotle peppers packed in adobo sauce, ketchup, soy sauce, cumin, chili powder, garlic and a swig of cider vinegar for about 10 minutes, or until thick. Top the taco with avocado, thinly sliced radishes and a shredded jicama-and-carrot slaw dressed with chopped cilantro and lime juice.

Steak House

Season a flat-iron steak with salt and pepper, then sear it on the grill, suggests Washington, D.C. chef Spike Mendelsohn, who plans to open a steak frites restaurant called Bearnaise this summer. Wrap thin slices of the steak and pickled red onions inside a soft corn taco and serve with warm bearnaise sauce for dipping. "I love the idea of eating a steak without sharpening my knives," Mendelsohn said via email. THE ASSOCIATED PRESS

Liquid Assets

Counting calories

LIQUID ASSETS
Peter Rockwell
@therealwineguy
liquidassets@eastlink.ca

I never thought I'd see the day when calorie-counting would be the latest wine trend.

After all, the belly-expanding issue with booze comes from its sugar and alcohol. Wines tend to have low quantities of both, with the average white or red containing about 140 calories per five ounce glass.

I guess when you're watching your weight even that can equal lots of squats. Who came to the rescue? Why, a former real housewife of New York City.

Bethenny Frankel, reality star and business mogul, started her Skinnygirl line of adult beverages so she could enjoy a guilt-free Margarita. After her company sold for bags of dough, the concept was unleashed on wine lovers.

At 100 calories per five ounce serving, the Skinnygirl 2011 California Red ($14.99) hasn't downplayed the alcohol (a respectable 12 per cent) in its freshly crushed blackberry fruit flavour that ends with a bright, juicy finish.

While it's a chillable red that will match with most summertime menus, the skinny on this girl is that she may taste best all by herself. **PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.**

Have a few gaps in your schedule you're looking to fill?
Whether you're hoping to dance, drink or just relax, check out these hot upcoming events.

MIX OF SIX
Samantha Everts
ottawa@metronews.ca

Great Glebe Garage Sale

You don't have to be a Glebite to get up at the crack of dawn this Saturday morning for deals. Comb through record collections for rare vinyl, decorate your apartment with bargain antique furniture or just walk the streets until you find a "free" sign on overlooked treasure. glebebia.com

Fevers Single release

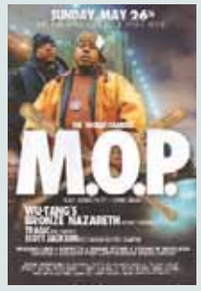
After spending a winter in Toronto recording their first LP with award-winning producer Laurence Currie, electro-indie rockers Fevers release the first glimpse of it at Ritual Saturday night with their single release party. If you love Metric and Foals, check them out. Ottawa dance-punk Birthday Girls and Toronto's Adaline open. Feversband.com

Paddlefest

This event — hosted by Mountain Equipment Co-op — is for outdoor enthusiasts. If you've ever been curious about kayaking or canoeing, workshops and demos will be held at Mooney's Bay Park all day. As a bonus, bring your old gear out for the paddle swap. Mostly free. Saturday. events.mec.ca

Get your craft on

DIYers and craft-fans unite as the Ravenswing Arts Fair returns for its seventh year in Minto Park on Elgin Street. Offering up handmade arts and jewelry, any Etsy-addict can browse art, pick up a zine, smell a lovely soap or take in live music from The Yips and Loon Choir. Free. Sunday. Ravenswingottawa.tumblr.com



Let M.O.P. hype you up

Brooklyn-based rap duo M.O.P. hits Ritual Sunday night with its aggressive delivery of rhymes and beats. Still one of the best get-hyped songs, 2000 hit Ante Up is just one of the tracks they'll be spitting. Wu-Tang's Bronze Nazareth opens with Ottawa's own Philly Moves. Mashoutposse.com

Chef-Faced At Hintonburg Public House

From shish kabobs to straight up hot dogs, four local chefs are sharpening their knives to create the best "meat on a stick" meal for hungry diners at Hintonburg Public House this Sunday night. Four local bartenders also are participating in the challenge by pairing the perfect drink. Judges TBA. hintonburgpublichouse.ca

Save the Children/Sam Tarling

SYRIAN REFUGEE CRISIS

Humanitarian Coalition members on the ground provide immediate assistance to vulnerable children and their families.

More than 1.4 million Syrians have fled into Jordan, Egypt, Lebanon and Turkey in search of safety – up to 7,000 people leave each day. They survive with limited or no access to basic resources and are desperate for clean water, food, and shelter.

Today, you can help save lives. Please donate now!

Your generous gift will immediately rush vital supplies to suffering children and their families.

HUMANITARIAN COALITION
Together saving more lives

care · OXFAM Canada · OXFAM Québec · Plan · Save the Children

The cost of this ad has been generously donated by: metro

CRISIS ALERT: Donate online at together.ca or call 1-800-464-9154

NHL

Roy returns to Avs as coach

Patrick Roy has been hired as coach of the Colorado Avalanche.

The team said Thursday it has reached an agreement in principle with the Hall of Fame goaltender to take over as coach and vice-president of hockey operations.

The 47-year-old Roy won two Stanley Cups with Colorado. He becomes the sixth coach in Avalanche history and the 14th in franchise history; the team began as the Quebec Nordiques and joined the NHL in 1979.

Roy has spent the last eight seasons as coach and general manager of the Quebec Remparts of the Quebec Major Junior Hockey League, winning the 2006 Memorial Cup. He is also a part owner of the QMJHL franchise.

"This is an unbelievable day for me," Roy told the team's website. "It's a new and exciting challenge that I am really looking forward to." THE ASSOCIATED PRESS

Cycling

Claims of collusion will be examined

An independent panel will examine allegations that cycling's governing body was complicit in Lance Armstrong's doping, UCI president Pat McQuaid said Thursday.

Senior UCI and World Anti-Doping Agency officials will meet in Russia next week to discuss potential appointments to a three-member expert panel, McQuaid told The Associated Press.

THE ASSOCIATED PRESS

Giro d'Italia

Nibali wins stage to extend lead

Vincenzo Nibali won the individual mountain time trial in the 18th stage of the Giro d'Italia on Thursday to extend his overall lead.

The Italian finished in 44 minutes, 29 seconds on the 20.6-kilometre uphill route from Mori to Polsa in northern Italy for his first stage victory in this year's race. Samuel Sanchez was second, 58 seconds behind.

THE ASSOCIATED PRESS

Daniel Alfredsson reacts after missing a scoring opportunity against the Penguins during Game 4 of their series at Scotiabank Place on Wednesday night. The Sens captain says his team will "give them a hell of a game" on Friday. ADRIAN WYLD/THE CANADIAN PRESS

Sens captain going down with his quip

NHL playoffs. Alfie says his remark of the team 'probably not' able to beat the Pens in three straight games taken out of context

Daniel Alfredsson has no doubt that he and the Ottawa Senators will bring their best game to Pittsburgh and doesn't care if anyone thinks otherwise.

Down 3-1 to the Penguins, the Senators face the prospect of elimination when their best-of-seven Eastern Conference semifinal resumes Friday night.

While he would have preferred to talk about resiliency and opportunity on Thursday, Alfredsson was forced to explain his comments following Wednesday's 7-3 loss to the Penguins. The Ottawa captain had been asked whether it was feasible for the Senators to win three straight games against the Penguins.

"Probably not," Alfredsson told reporters in a post-game scrum. "I mean, with their depth and power play right now, it doesn't look too good."

On Thursday, he said his comments were probably taken out of context, but said, "That's fine, I can handle that."

"We're down 3-1 to a very good team and going back to their building and we're just going to go in there and give them a hell of a game. We've always responded really well when our backs are against the wall and this is no different. The good thing is we're still in the playoffs, it's not over so we're going to go in there and give them everything we have."

Alfredsson said he hadn't had a chance to read the various news reports or reaction to his comments, but wasn't overly concerned by how they were being perceived.

"It doesn't really matter to me which way it's looked at," said Alfredsson. "I think the guys in this room know enough about me, and I believe in these guys, so what's said and how it's looked at — I'm not going to change anything from what I said.

"It's pretty obvious to me that we're in pretty tough and all we can do is focus on (Friday's) game and give ourselves a chance to come back here for a Game 6."

Teammates had no issue with Alfredsson's comments and have no reservations about his belief in the team.

"I think what he was getting at is we're a team that nobody's given us a chance most of the year and guys have made the most of it and whenever our back's been up against the wall we've played real well," said forward Jason Spezza. THE CANADIAN PRESS

Quoted

"We have to go to Pittsburgh and play our best game of the series. We haven't played our best game yet and hopefully it's (Friday)." Jason Spezza

Never in doubt

Anderson will start Game 5

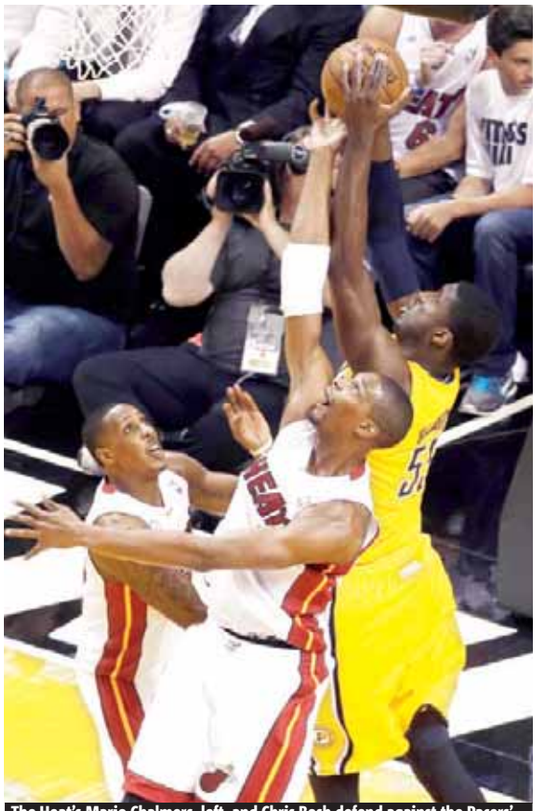
Despite being pulled for the second time in the series, Craig Anderson will get the start in goal for Ottawa. Paul MacLean had no issue with Anderson's play and said there was never a question as to him starting.

"The play of our goaltender allows us to play with a certain amount of freedom, but at the same time we have to play for him too," said MacLean. "The game (Wednesday) when the momentum swung the other way, it really swung. They made it very difficult for us and they never let off at all.

"They kept going and we couldn't even get the momentum stopped."

THE CANADIAN PRESS

4 SPORTS



The Heat's Mario Chalmers, left, and Chris Bosh defend against the Pacers' Roy Hibbert on Wednesday night in Miami. WILFREDO LEE/THE ASSOCIATED PRESS

Pacers encouraged by play despite last-second miscue

NBA playoffs. Indiana's confidence unwavering heading into Game 2 of Eastern Conference finals

Losing a game at the final buzzer, no less than a playoff game on the road against the reigning NBA champion Miami Heat, would seem to have potential to demoralize the Indiana Pacers.

Or not.

"Our belief," Pacers coach Frank Vogel said Thursday, "has strengthened."

Barely 12 hours after LeBron James scored on a drive as time expired in overtime to give the Heat a win in Game 1 of the Eastern Conference finals, the Pacers were more steeled than shaken when they arrived for practice at the arena where it all went awry in the series opener. The second-guessing of Vogel's decision to keep Roy Hibbert on the bench for the final play was still going strong, but the Pacers insisted that they're mentally fine.

A short memory would likely help Indiana now, especially with Game 2 of the series back in Miami on Friday night.

"Very encouraged," Vogel said. "Our belief in our ability to beat this team has strengthened after Game 1. Our familiarity in the playoffs, in the playoff series grows with each day, grows with each game, and there's a lot of things we can definitely do better." THE ASSOCIATED PRESS

Room for improvement

For all the sensational statistical story lines that were born from Game 1 — James' 30-point, 10-rebound, 10-assist effort, Chris Andersen making all seven of his shots, David West and Hibbert combining for 20 field goals — the boxscore alone points to plenty of areas where things could get better for both sides on Friday night.

- In Miami's case, reserves Ray Allen, Shane Battier and Norris Cole combined to shoot 2-for-16. In Indiana's case, George — who finished with 27 points — only had two at halftime, and Lance Stephenson shot just 2-for-10.

NBA

Pending free agency not on coach's mind

Lionel Hollins has been more successful than any Grizzlies coach and will be a free agent after June 30.

He has the Grizzlies in the Western Conference finals for the first time and has won more games with this team than any other coach.

He probably wouldn't have a problem getting another job, but is very happy with the one he has. And he's not worrying about what the future holds.

"I have a job," Hollins said. "I'm happy with where we are and excited about what we're doing. That's my only concern. Everything else is irrelevant."

New owners took over in November and decided to wait until after the season to see what they had before extending contracts. That has made Hollins a popular potential candidate for other openings. THE ASSOCIATED PRESS

PGA

Kingston shoots 66 for the lead

South Africa's James Kingston shot a 6-under 66 on Thursday at Wentworth to take the lead during the suspended first round of the BMW PGA Championship in Virginia Water, England.

Afternoon play was delayed for about 90 minutes because of the threat of lightning and five groups were still on the course when the round was suspended for the day because of darkness.

Finland's Mikko Ilonen opened with a 67, and Scotland's Scott Henry and Spain's Gonzalo Fernandez-Castano shot 68. Austria's Martin Wiegele also was 4 under with five holes left.

Sergio Garcia, the Spanish player whose verbal sparring with Tiger Woods turned ugly this week when he said he would "serve fried chicken" if he had dinner with Woods, opened with a 72.

Second-ranked Rory McIlroy bogeyed five of the last six holes for a 74, and playing partner Graeme McDowell also had a 74. THE ASSOCIATED PRESS

MLB. Jays running out of options on the mound

The Blue Jays will use their 10th starting pitcher of the season on Friday when 23-year-old prospect Sean Nolin takes the mound for his major-league debut against the Baltimore Orioles.

A six-foot-five, 235-pound lefty from Long Island, N.Y., Nolin is the organization's most advanced young pitcher and the club's eighth-ranked prospect, according to MLB.com.

"He's in a nice groove (and) we need somebody," manager John Gibbons said Thursday.

Right-hander Chad Jenkins, who had been tentatively scheduled to start Friday, has been pushed back to Sunday, while Ramon Ortiz, the 39-year-old who struggled in a start on Tuesday, will likely lose his roster spot.

Last year the Jays used 12 different starters as their rotation was decimated by injury and it wasn't until June 29 that they needed their 10th. But with injuries to Josh Johnson and J.A. Happ, Ricky Romero's ongoing struggles and the returns of Kyle Drabek and Drew Hutchison still months away, the club has run out of other options.

Nolin, currently pitching in double-A New Hampshire, started the season on the disabled list with a pulled groin, but has pitched well in three starts since, posting a 1.17 ERA with 16 strikeouts in 15 1/3 innings. TORSTAR NEWS SERVICE

Sean Nolin will start for the Blue Jays on Friday. HANDOUT

Quoted

"We like what we've seen in him. He wins wherever he goes."

Blue Jays manager John Gibbons on Sean Nolin, Friday's starting pitcher

NHL PLAYOFFS

CONFERENCE SEMIFINALS

(Best-of-7 series; All times Eastern)

EASTERN CONFERENCE

PITTSBURGH (1) VS. OTTAWA (7)

(Pittsburgh leads 3-1)
Wednesday's result
Pittsburgh 7 Ottawa 3
Friday's game
Ottawa at Pittsburgh, 7:30 p.m.

BOSTON (4) VS. N.Y. RANGERS (6)

(Boston leads 3-0)
Thursday's result
Boston at NY Rangers
Saturday's game
x-N.Y. Rangers at Boston, 5:30 p.m.

WESTERN CONFERENCE

CHICAGO (1) VS. DETROIT (7)

(Detroit leads 2-1)
Thursday's result
Chicago at Detroit
Saturday's game
Detroit at Chicago, 8 p.m.

LOS ANGELES (5) VS. SAN JOSE (6)

(Series tied 2-2)
Thursday's result
San Jose at Los Angeles
Sunday's game
Los Angeles at San Jose, 8 or 10 p.m.

NBA PLAYOFFS

CONFERENCE FINALS

(Best-of-7 series; All times Eastern)

EASTERN CONFERENCE

MIAMI (1) VS INDIANA (3)

(Miami leads 1-0)
Wednesday's result
Miami 103 Indiana 102 (OT)
Friday's game
Indiana at Miami, 8:30 p.m.

WESTERN CONFERENCE

SAN ANTONIO (1) VS MEMPHIS (5)

(San Antonio leads 2-0)
Saturday's game
San Antonio at Memphis, 9 p.m.

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
New York	28	18	.609	—
Boston	28	19	.596	½
Baltimore	25	21	.543	3
Tampa Bay	24	22	.522	4
Toronto	19	27	.413	9

CENTRAL DIVISION

	W	L	Pct	GB
Cleveland	26	19	.578	—
Detroit	25	19	.568	½
Kansas City	21	22	.488	4
Chicago	21	24	.467	5
Minnesota	18	25	.419	7

WEST DIVISION

	W	L	Pct	GB
Texas	30	17	.638	—
Oakland	25	23	.521	5½
Seattle	20	27	.426	10
Los Angeles	19	27	.413	10½
Houston	14	33	.298	16

Thursday's results
Baltimore at Toronto
Minnesota at Detroit
Cleveland at Boston
L.A. Angels at Kansas City
Wednesday's games
Texas 3 Oakland 1
Toronto 4 Tampa Bay 3 (10)
Detroit 11 Cleveland 7
Baltimore 6 N.Y. Yankees 3
L.A. Angels 7 Seattle 1
Boston 6 Chicago White Sox 2
Houston 3 Kansas City 1
Friday's games
All times Eastern
Baltimore (Tillman 3-2) at Toronto (Nolin 0-0), 7:07 p.m.
Minnesota (Deduno 0-0) at Detroit (Sanchez 4-4), 7:08 p.m.
Cleveland (Masterson 7-2) at Boston (Lackey 2-4), 7:10 p.m.
N.Y. Yankees (Phelps 2-2) at Tampa Bay (Hernandez 2-4), 7:10 p.m.
Miami (Koehler 0-2) at Chicago White Sox (Danks 0-0), 8:10 p.m.
L.A. Angels (Vargas 3-3) at Kansas City (Mendoza 1-2), 8:10 p.m.
Oakland (Milone 4-5) at Houston (Bedard 0-2), 8:10 p.m.
Texas (Grimm 3-3) at Seattle (Saunders 3-4), 10:10 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Atlanta	28	18	.609	—
Washington	24	23	.511	4½
Philadelphia	23	24	.489	5½
New York	17	27	.386	10
Miami	13	34	.277	15½

CENTRAL DIVISION

	W	L	Pct	GB
St. Louis	30	16	.652	—
Cincinnati	29	18	.617	1½
Pittsburgh	29	18	.617	1½
Milwaukee	18	27	.400	11½
Chicago	18	28	.391	12

WEST DIVISION

	W	L	Pct	GB
Arizona	26	21	.553	—
Colorado	26	21	.553	—
San Francisco	26	21	.553	—
San Diego	21	25	.457	4½
Los Angeles	19	26	.422	6

Thursday's result
Pittsburgh 4 Chicago Cubs 2
Wednesday's games
Atlanta 8 Minnesota 3
Cincinnati 7 N.Y. Mets 4
L.A. Dodgers 9 Milwaukee 2
Colorado 4 Arizona 1
Washington 2 San Francisco 1 (10)
Pittsburgh 1 Chicago Cubs 0
Philadelphia 3 Miami 0
St. Louis 5 San Diego 3
Friday's games
All times Eastern
Philadelphia (Kendrick 4-2) at Washington (Zimmermann 7-2), 7:05 p.m.
Chicago Cubs (Feldman 4-3) at Cincinnati (Arroyo 4-4), 7:10 p.m.
Atlanta (Medlen 1-5) at N.Y. Mets (Hefner 0-5), 7:10 p.m.
Pittsburgh (Burnett 3-4) at Milwaukee (Estrada 3-2), 8:10 p.m.
San Diego (Stults 4-3) at Arizona (McCarthy 1-3), 9:40 p.m.
St. Louis (Lynn 6-1) at L.A. Dodgers (Capuano 1-2), 10:10 p.m.
Colorado (Chatwood 2-0) at San Francisco (Lincecum 3-3), 10:15 p.m.

See today's answers at metronews.ca/answers.

Horoscopes

♈ Aries
March 21 - April 20
Why are you making a simple situation so difficult? Whatever the reason, you need to realize that, at the moment, you are your own worst enemy. Try looking at life from a more positive perspective today.

♉ Taurus
April 21 - May 21
Before you make an important decision, make sure you have covered all the angles and not left any loose ends that might trip you up. The devil, as always, is in the details.

♊ Gemini
May 22 - June 21
Your larger-than-life personality will get a boost from today's Venus-Mercury link in your sign. Someone who was hoping you might take a lower profile will be disappointed.

♋ Cancer
June 22 - July 23
If someone seems to be taking too much of an interest in your private affairs, you must tell them to get lost. You may have to say it more than once, and louder than you would like, before they get the message.

♌ Leo
July 24 - Aug. 23
You are not the first person to walk a certain path, so why not make your journey easier by following in the footsteps of those who have been there and done it before you?

♍ Virgo
Aug. 24 - Sept. 23
At some stage today, it will be obvious that going it alone is not an option. You need the help of people whose talents in certain areas are superior to your own. Success is mainly about co-operation.

♎ Libra
Sept. 24 - Oct. 23
You will indulge even more so than usual over the next 24 hours. The good things in life are there to be enjoyed and you have every intention of getting your share — and then some.

♏ Scorpio
Oct. 24 - Nov. 22
It may feel as if the pressure is building and because of the approaching eclipse you won't be as self-assured as you usually are, but there is no need to panic. It will all turn out right in the end.

♐ Sagittarius
Nov. 23 - Dec. 21
Are you taking someone for granted? According to the planets you are and what happens today will remind you how much you owe them emotionally. Make an effort to remind them you care.

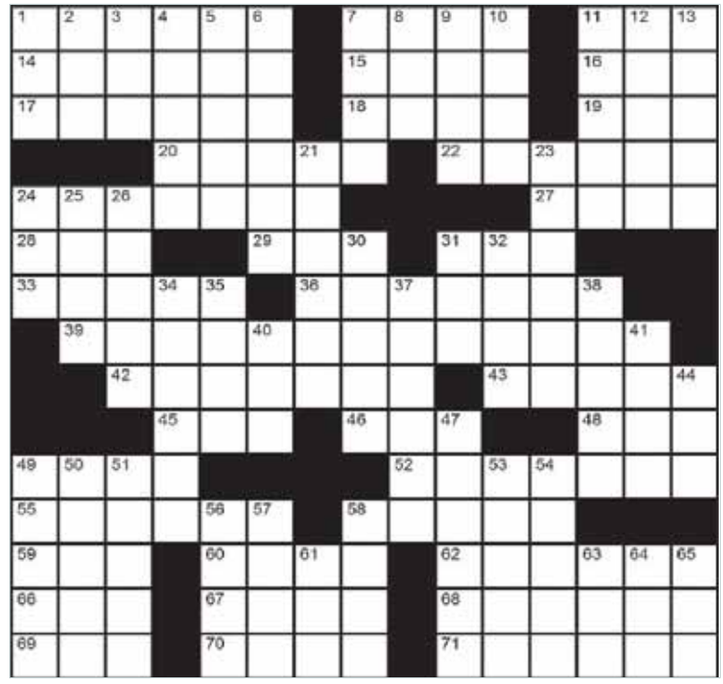
♑ Capricorn
Dec. 22 - Jan. 20
You need to keep your wishful thinking under control. Even though you are down-to-earth by nature, you do enjoy your flights of fancy. Just make sure you don't fly too high.

♒ Aquarius
Jan. 21 - Feb. 19
Today's Venus-Mercury link in the most creative area of your chart urges you to do something of an artistic nature. What is it you enjoy doing more than anything else? Make time for it in your schedule.

♓ Pisces
Feb. 20 - March 20
If you want something, you will find a way to get it — even if you know it is wrong. That's your choice to make, but what might it do to people you love? Think carefully. **SALLY BROMPTON**

Crossword: Canada Across and Down

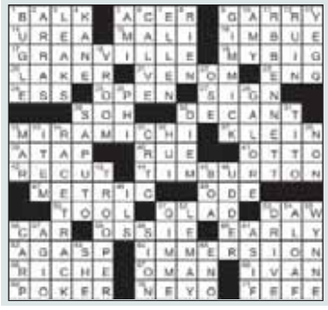
BY KELLY ANN BUCHANAN



Across
1. Checks for mistakes
7. In addition words
11. Banned insecticide
14. Not alert
15. Competitor in fables
16. Touchstone type
17. Japanese poems based on syllables
18. Hautbois
19. Songstress Ms. McEntire, for short
20. __-level position
22. __ scream
24. Engagement ring wearer
27. Identify
28. Particular pot
29. Great civil rights leader, monogram
31. Sixties rocker's drug
33. Residence for clergy
36. Bland
39. She was born May 24th, 1819: 2 wds.
42. Filmdom's famous falcon
43. Field protectors, in baseball
45. Wood variety
46. Palm's place, puny-ly
48. "__ whiz!"
49. Tony Danza sitcom
52. On the map's right side
55. Takes away weaponry
58. Put forth
59. Necklace/rings/earrings holder
60. Charity contributions
62. Cyclist's need
66. Mr. Wallach of movies
67. Go on the yacht
68. Like cake flowers
69. Cars traverse them, for short
70. Jekyll's other side
71. Take back, as products from shelves

Down
1. Place
2. The other genetic letters
3. Oprah Winfrey's TV network
4. Like some hardwood floors
5. Swiss currency
6. Method
7. Sailor's call!
8. Apprehend
9. Plummet
10. Nostradamus, for one
11. Skin layer
12. Hope
13. Round 'twas the one for The Knights
21. Experience again
23. Ms. Gandhi, former Prime Minister of India
24. Fee-fi-fo-__
25. Mideast land
26. Per __ (Yearly)
30. Kosher deli turnover
31. Illuminated
32. Parking place
34. Breath it in on the briny: 2 wds.
35. Fitting-here fishies
37. Spectacles
38. Sad tune
40. Kind of power
41. Copycat
44. Political title, for short
47. Commuter, when in a rush to catch the train, say
49. Root veggie
50. Three Dog Night hit: "__ Fashioned Love Song": 2 wds.
51. Graph line, _-__
53. Like '50s music's blue shoes
54. Purposeful
56. Movie-turned-TV-series set during the Korean War
57. Finish off, Knight-style
58. Archipelago part
61. __-Atlantic Ridge
63. Entrepreneur's deg.
64. Annex
65. __ Aviv, Israel

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

1	4				2		3	5
5	6			8	3			7
				5		4		
	8				6	3	1	
		1	8		4	7		
	7	6	1				2	
		9		4				
7			2	6			4	3
6	5		3				7	9

Yesterday's Sudoku

1	3	8	6	7	5	9	2	4
7	6	4	1	9	2	3	8	5
9	5	2	4	3	8	7	6	1
5	8	6	9	2	4	1	7	3
3	4	7	5	8	1	6	9	2
2	1	9	3	6	7	4	5	8
8	9	1	7	5	3	2	4	6
6	2	3	8	4	9	5	1	7
4	7	5	2	1	6	8	3	9

Today
12°/5°
Showers
Saturday
16°/8°
Variable
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Check the 14 day trend.
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Together we can help all kids play
Jumpstart

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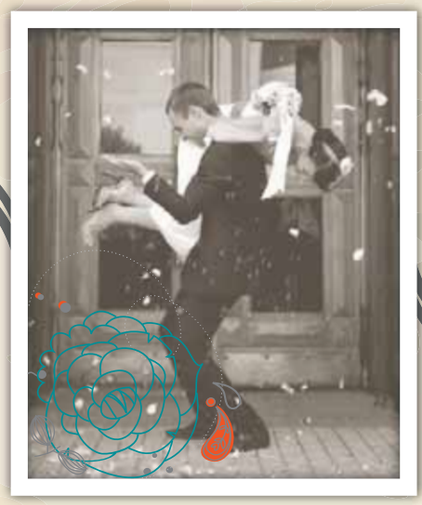
Get Me to the Altar



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* For contest details go to hot899.com – contest closes Monday @ 12 noon